

Digital Learning



🕒 3.5 hours

Comprehensive Sex Ed

Aligned with 9 sets of standards, including the California Healthy Youth Act (CHYA). Asynchronous e-courses for **middle and high school** students:

- Centered on animated series, explainer videos, 20+ quizzes
- Spanish & English



🕒 1.5 hours

Puberty

Aligned with the California Health Framework. This e-course for **5th grade** students:

- 8 explainer videos, 3 quizzes
- Asynchronous



Special Education

Guided online sex ed lessons for special education (SPED) students with **extensive support needs**:

- Delivered via groups or 1:1
- Facilitator Guide with handouts and best practices

School Info Kit

PPMM Sex Ed is available to all and offered at a sliding scale of **\$0-10** per student. Take a tour of the e-courses, download CHYA Assessment Tool (CAT), and review other resources.

[Take Me to the Kit!](#)



Youth Development



Y-LED (Youth Led Sex Ed)

To increase access to sex ed, youth ages 13-19 are invited from PPM's 42 counties to: learn, contribute, and lead. Y-LED is being expanded in FY24 to give youth opportunities to co-design digital learning for their peers, advocate for inclusive sex ed, complete trainings to deliver sex ed and wellness programs in their communities, and more!



Video (03:36)

Young Parents

The Teen Parent Support Program (TPSP) is a comprehensive case management program in Santa Clara County offering:

- Strength-based coaching, resource navigation
- Support obtaining high school diploma or to pursue post-secondary pathways

Mental Health First Aid

PPM's certified instructors lead trainings for teens who learn this evidence-based model (tMHFA) for recognizing early signs of mental health challenges in their peers, and how to refer youth to local services and connect with trusted adults for more support.

Sex Ed Equity Project

PPM partners are delivering evidence-based sex ed and creating a web of support for youth in Tulare, Kern, and Washoe counties (funded by the Office of Population Affairs: Teen Pregnancy Prevention Program). Programs include: Plan A, Power Through Choices, LiFT (Linking Families & Teens), Cuidate, and Positive Prevention Plus.

Questions? Contact Us!



Spanish Sex Ed



¡Con Confianza!

(With Trust and Confidence). A sex ed mobile game developed by and for Spanish-speaking youth and caring adults.



Video (04:24)

Enlaces: Connectando Comunidades

(Links: Connecting Communities). PPM's **promotores** program that increases access to sex ed, reduces stigma, and is delivered by and for Latine/x folks.

- Program implementation guide, on-demand training, and coaching for partners
- In-person, online, and hybrid formats



Liderazgo: En Consentimiento

(Consent Leadership). Aligned with the California Healthy Youth Act, our comprehensive sex ed for **middle and high school asynchronous e-courses** are designed and delivered in Spanish, too!

LIFT

Community based sex ed for rural areas: In-person (evidence-based) Spanish/English workshop for **teens and parents** or caregivers. Offered in select regions in FY24.

[¡Aprende Más!](#)



Community Outreach Kits



Designed for middle and high schools, parents and caring adults, and health fair or PRIDE events:

- Kits include learning resources cover topics ranging from puberty to sexual and reproductive health, STI and unintended pregnancy prevention, consent and healthy relationships.
- Can include condoms or period products.
- Requests fulfilled based on availability and shipped at no cost.

[Request Kits!](#)

