

T002

3/2023

Effects of Testosterone-Based Hormone Therapy

Testosterone-based hormone therapy is medication to change your body in ways typically considered more masculine. Some of the changes may be permanent while others may be reversible and go away when medication(s) are stopped.

Effect	Expected Onset	Expected Maximum Effect	Reversibility
Facial and Body Hair Growth	6-12 months	>5 years	Permanent
Increased Muscle Mass/Strength (Dependent on Amount of Exercise)	6-12 months	2-5 years	Reversible
Deepened Voice	1-6 months	1-2 years	Permanent
Cessation of Menstrual Periods	1-6 months	1-2 years	Reversible
Clitoral Enlargement (By 1-3 cm)	1-6 months	1-2 years	Permanent
Body Fat Redistribution	1-6 months	2-5 years	Reversible
Skin Oiliness/ Acne (May be Severe)	1-6 months	1-2 years	Reversible
Scalp Hair Loss	6-12 months	>5 years	Permanent
Vaginal Atrophy (tissue thinning)	1-6 months	1-2 years	Reversible
Increased Libido (Sex Drive)	Variable	Variable	Reversible