

Please note you will speak with a health professional at your appointment about your medical information and all your options. You are invited to ask any questions. Any personal information can be updated at that time.

TELEHEALTH Medication Abortion Information and Instructions

- For this appointment, you will meet with your provider virtually using telehealth. **Do not come to the health center for your appointment!**
- **Payment is due at the time of your visit.** If you would like information on financial assistance, or if you do not have insurance, please call us at 1-800-230-7256.
- You **MUST** be currently in New York State at the time of your video visit.
- Please make sure to complete the questionnaire that is sent to your MyChart inbox.
- You must register and complete all assigned questionnaires BEFORE your telehealth medication abortion visit. This may take up to 15 minutes.
- You must be less than 11 weeks from the first day of your last period and have a positive pregnancy test.
- If you are more than 11 weeks from the first day of your last period, or do not remember when you had your last period, you may still be able to have an abortion in the health center. To schedule this, please call 1-800-230-7526 or go to <https://www.plannedparenthood.org/planned-parenthood-greater-new-york>.
- Following the visit, you will be able to pick up your medication at the PPGNY health center nearest to you.
- If you do not have MyChart, please call the office at 1-800-230-7526 so staff may assist you.
- You may also wish to review the videos below for more information about medication abortion.
 - [Abortion Pills Overview](#)
 - [How to Take Abortion Pills](#)
 - [What to Expect After Taking Abortion Pills](#)

Please make sure to enter all your current insurance information in MyChart so staff can make sure your visit is covered.

If you have any questions, you may contact Planned Parenthood of Greater New York at 1-800-230-7526, Monday – Friday, 8AM-5PM.