

Progress

Thanks to you



We March for
Women's Health

 **Planned
Parentho**
Care. No ma...

We March for
Women's Health

 **Planned
Paren**
Cen...



Letter from PPMM CEO Stacy Cross

Dear friends,

As we begin the new year, continuing plans to enhance access to care for our patients and communities, I wanted to take a moment to let you know how grateful I am to be doing this work with you.



The past year brought so much loss for so many, and humanitarian catastrophes across the globe – including fires and flooding close to home – have spurred many of us to think more about how we can best help others.

I know that one of the ways you decided to help is by sharing in the mission of Planned Parenthood Mar Monte.

You helped us provide health care to our patients, ensuring they returned home safely. Read about one of these stories on page 2.

You helped us open a new, larger health center in Reno to serve many more patients who need us – including abortion patients from out of state. Find more on page 4.

Your commitment is helping us turn a catastrophe into an opportunity in Stockton, California. Read about it on page 8.

There's more in this newsletter than I have space to preview here, so I hope you will read on.

I also hope you will remember that in 2024, tens of thousands of people in California and Nevada will receive the care they need – thanks to you.

Stacy

Stacy Cross
President & CEO

PPMM patients get more than health care

Providing essential care for our patients often goes beyond the time they are in our health centers, and it can make all the difference in their lives. Take an abortion patient we saw at one of our Sacramento health centers.

A friend drove her in for her scheduled on-site abortion, and the patient brought her two-year-old along because she had no one to watch him at home. They didn't have a car seat, so she carried her child on her lap in the passenger seat.

As the patient and her friend stayed with the toddler in our health center waiting room, staff became concerned that the women didn't have a car seat for him when the patient was ready to leave after her procedure. It is not safe or legal for a young child to be in a car without being in a secure car seat.



But, after making some quick calls, including to a local Target store, the site's center manager, Adrianna S., was able to get a new car seat delivered to the health center by the time the patient's abortion care was completed. Adrianna presented the patient with her new car seat – free of charge – while she buckled it into the back seat of the car.

Mission accomplished!

This patient was able to leave our health center that day with the excellent, non-judgmental care she had expected – and some extra care she never would have imagined.

"This is one of the reasons it means so much to me to work here," Adrianna said. "We really go above and beyond to help our patients who need us." ■

Northern Nevada health center is now open!

One of Planned Parenthood Mar Monte's new sites, our long-awaited Northern Nevada health center, opened on November 1.

Thanks to your support, this amazing new building is twice as large as the old site, and it's easier to access from major transportation hubs, including for patients coming from Carson City or flying in from an abortion-ban state. It also has several more exam rooms as well as state-of-the-art medical equipment.

The transition is a significant milestone because Reno has been home to a PP health center for more than 50 years.

Center Manager Christina Hudson said it was bittersweet to leave the old health center because thousands of people have been helped at that site over the years. For example, in FY 2023 alone, PPMM subsidized more than \$2 million in care for over 5,000 uninsured patients in Reno.


But the new site will allow us to expand on that care and help many more who need us.

"We were grateful to have our (old) health center – it's a memory, a fixture in Reno," Reno Lead Clinician Kate Schopp said. "But at the new health center, every pressure point – from parking to exam room temperatures, to a lack of space – everything has a solution."

The new center is already getting raves from patients. Kate has heard more than one exclaim that it's the nicest health center they've ever been in.

"That's big!" Kate said. "They tell me how amazing it is, and I feel immense gratitude. The environment where we provide care now matches the care we're giving." ■





Fire-damaged Stockton health center will be remodeled, enhanced

On October 26, Planned Parenthood Mar Monte's Eastland Plaza health center in Stockton suffered catastrophic destruction from a fire that started when a person who was unhoused was trying to keep warm. The damage resulted in the roof collapsing and loss of equipment, including exam beds and the on-site laboratory.

Mar Monte staff were relieved that no other people were present at the time and no one was hurt at the center, which sees over 8,000 patient visits annually. The site is now temporarily closed, and patients are being re-directed to our health center in North Stockton.

Our goal is to re-open the Eastland Plaza site in about 10 months, and our rebuilding plans will focus on optimizing patient care, with more space for exam rooms so staff can serve more patients.

"It's heartbreaking because you see the damage, and we all take a lot of pride in our health center," Center Manager Lisa Riley said. "Eastland Plaza staff are wonderful. They work hard to have the center represent their commitment to patients."

Some of the center's patients walk or take the bus to get the care they need. The distance between the Eastland Plaza and North Stockton sites is about four miles – adding 20 minutes by bike, 40 minutes by bus, or more than hour on foot for an Eastland Plaza patient to make it to an appointment in North Stockton.

"We have much different demographics," Lisa said. "And even though the other health center is only 15 minutes away (by car), it's a hardship for some patients."

But having the North Stockton center in the same city has still been a boon since fire destroyed the Eastland Plaza site.

"I am very, very grateful that we have been able to relocate to North Stockton," Lisa added. "It's been a smooth transition. We have a lot of longtime staff at Eastland Plaza, and our patients are really happy to see the same staff temporarily working at North Stockton."

The Eastland Plaza health center was designed generations ago, when ample space was needed for paper medical records and the flow of patient care was different. This is a chance to update the site in a way that best meets our patients' needs.

"I'm excited for the reimagining of the space," Lisa said. "My hope is to have more providers working here. We definitely have the demand." ■

Friends in Stockton

The recent fire that destroyed PPMM's Eastland Plaza health center was accidentally caused by a person who was unhoused and trying to stay warm. To support local social services, contact our friends at Children's Home of Stockton (CHS).

CHS operates a 16-bed short-term residential therapeutic program for foster youth ages 12-18 and an 18-bed housing and homeless-prevention program for youth ages 18-24. CHS served nearly 100 youth in FY2023 and is nationally accredited/Medi-Cal certified as a Specialty Mental Health Provider, offering services to promote long-term stability. To learn more, please visit the CHS website: chstockton.org or call **209.466.0853**.



Children's Home of Stockton
Guiding Youth Forward

Help us reopen Eastland Plaza!

While PPMM's insurance will pay for most of the replacement costs, the redesign isn't covered by insurance. We are determined to reopen in early fall of 2024 with a completely remodeled health center.

In fiscal year 2023, PPMM subsidized more than \$1.1 million in care for more than 5,000 people, who had no insurance coverage, in our San Joaquin County health centers – including Eastland Plaza and North Stockton.

Your gift today will help us continue to provide care and expand access. Go to ppmarmonte.org/donate-today.



STRONGER TOGETHER

Celebrating Your Impact

PPMM recently celebrated our donors, volunteers, and supporters during the webinar, **Stronger Together: Celebrating your Impact**. The December 12 event included a pre-recorded testimonial from donor and volunteer Clara Roa, and PPMM Board Chair Gwen McDonald set the stage for an engaging discussion with President & CEO Stacy Cross and Chief Medical Operating Officer Dr. Laura Dalton.

Stacy gave a comprehensive update on PPMM, and shared exciting news about new health centers in Northern Nevada and Oakland, emphasizing the affiliate's readiness to meet growing demands.

Dr. Dalton dove into the importance of the new Northern Nevada Health Center, the impact out-of-state patients have on PPMM health centers, and the evolving landscape of sexual and reproductive healthcare.

If you could not attend but want to view the recorded webinar, please email events@ppmarmonte.org.

Join the Fight – Forever

Reclaiming the rights and access we are owed won't be easy. But with you by our side, we will, without a doubt, still be here for our patients. Please join the fight – forever – with a gift in your will or trust today.

Two Easy Ways to Give

1. In as little as one sentence, you can ensure that your legacy of support is affirmed in your will or trust: "I give, devise and bequeath to Planned Parenthood Mar Monte Tax ID #94-1583439, now or formerly located at 1691 The Alameda, San Jose, CA 95126, or its successor thereto, [insert dollar amount, percentage, percent of the rest, residue and remainder of my estate, or description of property] for the benefit of [its general purposes AND/OR the endowment of fund(s) of your choice]."
2. Take advantage of our partnership with FreeWill to make a will online, for free, at ppmarmonte.org/legacy.

Your legacy matters. Contact us at legacy@ppmarmonte.org or 916.325.1705 to learn more about the kind of impact you can make in the future, including new endowment options.





PENINSULA BREAKFAST

— 2024 —



MARCH 8, 2024 • 7:30 A.M.

Tickets available now!

ppmarmonte.org/PenBreak2024

Please join us for the 29th Peninsula Breakfast on Friday, March 8 at 7:30 a.m. This in-person event always has an exciting keynote speaker, and often sells out. The 2024 speaker will be announced soon so don't delay in getting your ticket.

Funds raised at this year's Peninsula Breakfast will help PPMM's skilled and compassionate providers in our 34 health centers provide a full range of both preventive and life-saving care, including wellness visits, cancer screenings, contraception, gender affirming care, and abortion services.

Your partnership will also help us:

- Move forward on a new 12,000 sq. ft. Oakland health center with easy access to BART and the airport,
- Diversify and expand our Digital Learning sex ed programs to reach new audiences,
- Play a critical role advocating for reproductive freedom in California and Nevada, and
- Continue to provide essential health care to everyone who walks through our doors - no matter where they come from or what care they need.

To learn more about our sponsorship packages and individual tickets, please go to ppmarmonte.org/PenBreak2024.

We hope to see you in March at the 2024 Peninsula Breakfast!

5 THINGS YOU CAN DO NOW

1. Donate

You can make a donation today to support PPMM's mission: ppmarmonte.org/donate-today or call us at 408.795.3780

2. We're hiring caring professionals

Join our team and make an impact on your career and your community. Attend our monthly PPMM Careers Webinar to learn about job opportunities and help us spread the word by sharing our career opportunities with your network. Go to ppmmcareers.org

3. Volunteer

Join hundreds of volunteers across PPMM who support our mission daily: ppmarmonte.org/volunteer

4. Share your story

Inspire others by sharing your experience with Planned Parenthood's health services, education programs, and/or advocacy with our story collectors at ppmarmonte.org/my-story

5. We want to hear from you

We've put together a short survey to get to know you better, improve our communications, and understand what motivates you to invest in your community through PPMM. We hope you will share your thoughts. Go to ppmarmonte.org/donorsurvey

To receive future editions of Planned Parenthood Mar Monte News in a digital format, sign up at ppmarmonte.org/newsletter



1691 The Alameda, San Jose, CA 95126
ppmarmonte.org | 408.795.3780