#### **GENERAL**

**United Way 211** Contains a comprehensive list of resources for financial assistance, emergency grants/funding, transportation resources and technology services. Call 211 or visit <a href="https://www.211unitedway.org/">https://www.211unitedway.org/</a>

**Damiano Center** Provides notary services, telephone, mailboxes, and public bus passes for people who are homeless in Duluth. <a href="http://www.damianocenter.org">http://www.damianocenter.org</a>

**St. Paul public libraries** provide access to quiet spaces for computer access and digital learning: <a href="https://sppl.org/">https://sppl.org/</a>

#### **EMERGENCY FUNDING**

Emergency General Assistance Minnesota Department of Health offers economic assistance for adults/families Call 651-431-4000 or visit: <a href="https://mn.gov/dhs/people-we-serve/adults/economic-assistance/">https://mn.gov/dhs/people-we-serve/adults/economic-assistance/</a>

# **TECHNOLOGY DISCOUNTS & ON LOAN**

Affordable Connectivity Program and Lifeline Program may offer free/discounted devices (such as laptops, chromebooks, smart phones, and tablets) when eligible households enroll. Visit: acp.gov and fcc.gov

**Connect All** Eligible individuals can purchase a low cost refurbished electronic device: <a href="https://connectall.org/">https://connectall.org/</a>

**Everyone On** Provides low-cost refurbished computers and tablets: https://everyoneon.mybigcommerce.com/

**Redwing Library** Offers 10 devices available to check out with mobile hot spots. https://redwing.lib.mn.us/mobile-hotspots/

# PPNCS Telehealth General Resource Guide for Minnesota

# Visit PPNCS.org

# **Simon Technology Center Lending Library**

Children with disabilities can borrow assistive technology & software with different devices: <a href="https://www.pacer.org/stc/library/">https://www.pacer.org/stc/library/</a>

#### **TRANSPORTATION**

# **Non-Emergency Medication**

**Transportation** (NEMT) Medical Assistance patients in Minnesota may qualify for reimbursements and/or transportation to and from medical appointments at a reduced to no-cost. <a href="https://www.mtm-inc.net/minnesota/recipients/">https://www.mtm-inc.net/minnesota/recipients/</a>

**Ucare Health Ride** Provides no-cost transportation to and from your covered medical and pharmacy visits. Visit: <a href="https://www.ucare.org/health-wellness/health-ride">https://www.ucare.org/health-wellness/health-ride</a> or call 1-800-864-2157

**The Lift Garage** For qualifying individuals, provides free inspections and low-cost car repairs to low-income families in Minnesota (based in Minneapolis). Visit: https://www.theliftgarage.org/services/

**Transit Assistance Program** Offers reduced transit costs for income eligible individuals <a href="https://www.metrotransit.org/tap-riders">https://www.metrotransit.org/tap-riders</a>

Wheels for Women Support single mothers with reliable transportation by application: <a href="https://www.newgateschool.org/our-programs/wheels-for-women">https://www.newgateschool.org/our-programs/wheels-for-women</a>

Jefferson Lines provides discounts for college students with valid ID throughout Minnesota and North Dakota <a href="https://www.jeffersonlines.com/book-now/discounts-and-offers/">https://www.jeffersonlines.com/book-now/discounts-and-offers/</a>

**Peoples Express Minnesota** Provides specialized transportation regionally or across the state; may be covered by insurance. https://peoplesexpressmn.com/

# **Prairie Five Rides Transportation Program**

Can provide insurance covered transportation across the state including to eastern North and South Dakota: <a href="https://prairiefive.org/programs/prairie-five-rides-transportation-program/">https://prairiefive.org/programs/prairie-five-rides-transportation-program/</a>

**Metropolitan Council** lists regional transits: https://metrocouncil.org/Transportation/Services/Other-transit-providers.aspx

# **United Community Action Partnership**

Provides transportation to outside of the community transit area through volunteer drivers:

https://www.unitedcapmn.org/programs/transportation/community-transit/

**Trailblazer Transit** provides transportation that begins or ends within Sibley, McLeod, and Wright counties to/from anywhere in Minnesota:

https://www.trailblazertransit.com/fares/

## **STUDENT SUPPORT**

**Anoka Technical College** Provides loaner technology and financial assistance for students:

https://www.anokatech.edu/studentservices/student-basic-needs-resources/

# Fon du Lac Tribal & Community College

Provides loaner laptops and students can request free passes from Arrowhead Transit: <a href="https://fdltcc.edu/student-support/basic-needs-resources/">https://fdltcc.edu/student-support/basic-needs-resources/</a>

**InverHills Community College** Provides loaner chrome books and transit discounts <a href="https://www.inverhills.edu/help-center/">https://www.inverhills.edu/help-center/</a>

**Jump On It Program** Available to K-12 students to apply for computers at a reduced cost: <a href="http://www.jumponitprogram.com/">http://www.jumponitprogram.com/</a> or for free: <a href="https://theonitfoundation.org/faqs/">https://theonitfoundation.org/faqs/</a>

# **Minnesota State College Southeast**

Provides emergency funds and free transit with student ID:

https://www.southeastmn.edu/current\_stude nt/page.aspx?id=14155

# **Minnesota State University - Mankato**

Provides emergency grants and students with MAVCards ride free:

https://www.mnsu.edu

# **Minnesota West Community & Technical**

**College** Provides loaner chrome books loan and emergency funds:

https://www.mnwest.edu/advisoryservices/one-stop

# **Minnesota State University - Moorhead**

Provides emergency funds and free MATBUS transit with student ID

https://www.southeastmn.edu/current\_stude nt/page.aspx?id=14155

Normandale Community College Provides laptops for same day loan for students: https://www.normandale.edu/

**Rochester Community Technical College**Affordable technology available and free

public transit for students with an id: <a href="https://www.rctc.edu/services/student-affairs/basic-needs/">https://www.rctc.edu/services/student-affairs/basic-needs/</a>

**St. Cloud State University** Provides a student emergency fund and free metro bus rides with campus id:

https://www.stcloudstate.edu/sps/communit y-resources.aspx

**University of Minnesota** Different departments and programs throughout the university provide options for checking out laptops/computers and tablets. Start here: https://www.lib.umn.edu/services

# PLANNED PARENTHOOD LOCATIONS & TRANPORTATION OPTIONS

#### **Alexandria**

 Rainbow Rider Bus provides transportation within the surrounding counties: <a href="http://rainbowriderbus.com/">http://rainbowriderbus.com/</a>

#### Bemidji:

- Tri-Valley Heartland Express provides transportation to/from Bemidji: <a href="https://www.tvoc.org/services/transportation/">https://www.tvoc.org/services/transportation/</a>
- Arrowhead Transit offers bus fare from International Falls to Bemidji: <a href="https://arrowheadtransit.com/map/">https://arrowheadtransit.com/map/</a>
- Paul Bunyan Transit offers Dial-A-Ride: <a href="https://www.paulbunyantransit.com/services/">https://www.paulbunyantransit.com/services/</a>
- Hubbard County residents can get rides to Bemidji on the 2nd & 4th Wednesday: <a href="https://www.hubbardcountyheartlandex">https://www.hubbardcountyheartlandex</a> <a href="press.com/">press.com/</a>

#### **Duluth:**

- Public transit: <u>https://www.duluthtransit.com/</u>
- Arrowhead Transit provides bus fares from surrounding areas to and from Duluth: <a href="https://arrowheadtransit.com">https://arrowheadtransit.com</a>

#### **Mankato**

- Mankato Public Transit: <a href="https://www.mankatomn.gov/residents/">https://www.mankatomn.gov/residents/</a> mankato-transit-system
- True Transit offers transportation for rural surrounding areas to Mankato <a href="https://truetransit.org/">https://truetransit.org/</a>
- Kato Flex allows for curb-to-curb service for individuals with no fixed route: <a href="https://www.mankatomn.gov/residents/mankato-transit-system/kato-flex">https://www.mankatomn.gov/residents/mankato-transit-system/kato-flex</a>

#### **Moorhead**

 Tri-Valley Heartland Express provides transportation to/from Moorhead: <a href="https://www.tvoc.org/services/transportation">https://www.tvoc.org/services/transportation</a>

#### **Rochester**

- Public Transit: <a href="https://www.rochestermn.gov/governme">https://www.rochestermn.gov/governme</a> <a href="https://nthonsportation">nt/departments/public-transportation</a>
- Shuttle services to and from Minneapolis: <a href="https://rochestershuttleservice.com/fares-and-schedule/">https://rochestershuttleservice.com/fares-and-schedule/</a>

#### St. Cloud

- The Metro Bus U-Pass Ride program allows St. Cloud State University and St. Cloud Technical & Community College students to have unlimited free bus fares throughout St. Cloud
- North Star Link https://catchthelink.com/fares/
- Tricap offers several options for transportation: https://tricap.org/transportation
- Metro Bus: <a href="https://ridemetrobus.com">https://ridemetrobus.com</a>

#### Wilmar Clinic

- Central Community Transit provides NEMT & transportation in the surrounding counties: <a href="https://www.cctbus.org/index.html">https://www.cctbus.org/index.html</a>
- Wilmar bike share within city limits: <a href="https://www.willmarmn.gov/bike-share/index.php">https://www.willmarmn.gov/bike-share/index.php</a>

#### TRIBAL RESOURCES

**Leech Lake Band of Ojibwe** offers transit routes to Bemidji and Grand Rapids: <a href="https://www.llojibwe.org/admin/transit.html">https://www.llojibwe.org/admin/transit.html</a>
Community Health Representatives may assist with transportation to appointments <a href="https://www.llojibwe.org/health/homehealth.html">https://www.llojibwe.org/health/homehealth.html</a>

**Red Lake Nation** provides a transit to Bemidji Tuesdays and Fridays https://www.redlakenation.org/publictransit/ and medical transportation: https://www.redlakenation.org/comprehensive-health/

- Red Lake Medical Transport <u>218-679-3327</u>
- Ponemah Medical Transport <u>218-554-7347</u>

White Earth Nation provides transportation resources based on location and need and public transit with booked rides: https://whiteearth.com/

**Bois Forte Band of Chippewa** provides emergency medical assistance and community health transports: <a href="https://boisforte.com/services/assistance-services/">https://boisforte.com/services/assistance-services/</a>

**Upper Sioux Community** provides community transportation and a broadband program:

https://www.uppersiouxcommunity-nsn.gov/

Lower Sioux Indian Community provides transportation for health services on a first come-first serve basis and the Community Health Representative program: <a href="https://lowersiouxhhs.org/community-health/transporting/">https://lowersiouxhhs.org/community-health/transporting/</a>

## Fond Du Lac Band of Lake Superior

**Chippewa** provides a transit to Duluth and technology access at their three community centers: <a href="https://www.fdlrez.com/">https://www.fdlrez.com/</a>

**Grand Portage Band of Lake Superior Chippewa** provides transportation services for out of area:

https://www.grandportageband.com/grandportage-tribal-programs/

# **Shakopee Mdewakanton Sioux**

**Community** provides transportation through MVTA from Mystic Lake Casino/downtown Prior Lake to Minneapolis.

https://www.mvta.com/routes/ Scott County
transportation:

https://scottcountymn.gov/1077/Transit