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Injection Supplies

9/2023

Thank you for picking up your injection supplies from Planned Parenthood of Illinois! Using sterile new supplies for each injection makes your shot more comfortable and prevents infections and blood-borne diseases like HIV and Hepatitis C.

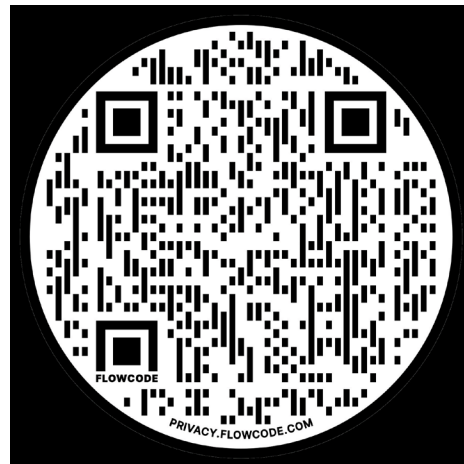
If you have any questions or problems with your injections, please send us a MyChart message or call the contact center at 312-592-6783. Please ask us if you need help signing up for MyChart; it makes communicating with us faster and easier!

Injection Support

You should have received an injection education handout and link to a video through your MyChart. If you would like a print out of this handout, just ask us!

Go to ppgreatertx.org/selfinjectionvideos or scan this QR code to view intramuscular and subcutaneous injection teaching videos on your phone.

If you need additional support, call us or send a MyChart message asking to be connected with our GAHT nurse for injection help.



Sharps Disposal

Proper disposal of needles and syringes keeps our communities safe! In Illinois, you can dispose of injection supplies in your normal trash, as long as they are sealed in a puncture-resistant container and properly marked. You can either purchase red sharps containers or you can re-use puncture-resistant containers like old detergent bottles, coffee canisters, or protein powder tubs. When the container is $\frac{3}{4}$ full, securely tape the lid shut, and write "SHARPS, DO NOT RECYCLE" on it in permanent marker. Place this container in your trash.

You may also bring your sharps to any PPIL health center for disposal. If possible, please bring them in a puncture-resistant container to keep our staff safe.

You can learn more about sharps disposal in all 50 states at SafeNeedleDisposal.org

Additional Supplies

We currently can only supply needles and syringes to PPIL patients with prescriptions for injectable medications. Everyone should have access to safe injections supplies. If you or someone you know needs free supplies, we are happy to direct you to local harm reduction organizations that can provide safer drug use supplies, hormone injection supplies, and/or naloxone (Narcan). Ask us for a referral!