



CONDOMS

Condoms are thin, flexible, stretchy pouches that minimize the spread of fluids and skin-to-skin contact during sex. When used correctly, condoms are highly effective at preventing pregnancy and STDs/STIs.

External condoms are worn over the penis, and internal condoms are used in the vagina or anus. Condoms are great for all kinds of sexual activity, but remember: **they're one-time use only!** Make sure you use a new condom every time you have sex.

Condoms are:

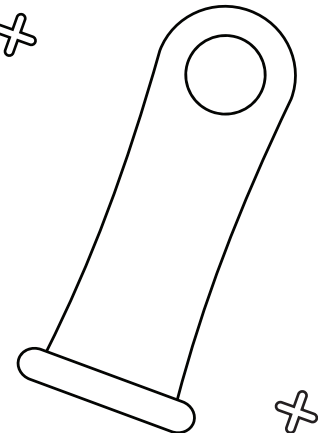
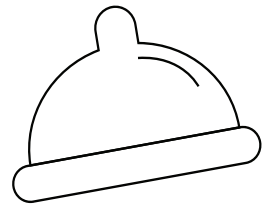
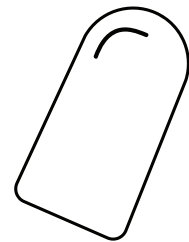
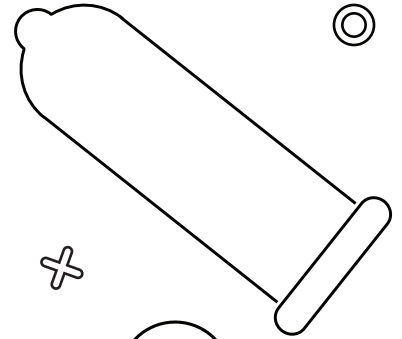
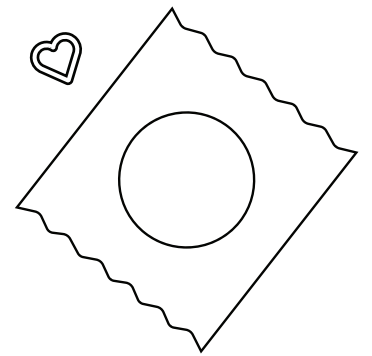
Easy to use!

Available in different shapes, sizes, and textures – find the fit that works for you.

Great to use with lubricants to increase pleasure.

Sold in many stores and available for free at community clinics and Planned Parenthood health centers.

The only method of birth control that also prevents STDs/STIs.



Have questions? Get more information at plannedparenthood.org/learn