

# Gender Affirming Care Referral Resources

## How to use this guide

*This document contains national and state-specific information to connect transgender and nonbinary individuals with medical, behavioral, financial, community, family, legal, educational, and other resources. The states included here are **Alaska, Hawai'i, Idaho, Indiana, Kentucky, and Washington**, because these are the six states that make up this Planned Parenthood affiliate.*

*Use the clickable table of contents to navigate to the area in which you are searching. Each state also contains a “statewide” resource section with community organizations, telehealth options, pharmacy options, and Medicaid and PrEP information.*

*If you are looking for a specific type of resource, use ctrl+f to search for a keyword in the document.*





NATIONAL LGBTQ+ RESOURCES:

ALASKA

ANCHORAGE/MAT-SU

FAIRBANKS

KENAI

JUNEAU

TELEHEALTH-ONLY OPTIONS (STATEWIDE)

OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

HAWAI'I

HAWAI'I ISLAND

OAHU

WAILUKU, MAUI

LIHUE, KAUAI

TELEHEALTH-ONLY OPTIONS (STATEWIDE)

OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

IDAHO

BOISE/MERIDIAN

TWIN FALLS

EASTERN ID

MULTIPLE LOCATIONS

TELEHEALTH-ONLY OPTIONS (STATEWIDE)

OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

INDIANA

CENTRAL INDIANA

SOUTHERN INDIANA

NORTHERN INDIANA

MULTIPLE LOCATIONS

TELEHEALTH-ONLY OPTIONS (STATEWIDE)





OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

KENTUCKY

CENTRAL KENTUCKY

WESTERN KENTUCKY

TELEHEALTH-ONLY OPTIONS (STATEWIDE)

OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

WASHINGTON

PUGET SOUND

SEATTLE

TACOMA/PIERCE

CENTRAL/EASTERN WASHINGTON

Out-of-state Surgery

TELEHEALTH-ONLY OPTIONS (STATEWIDE)

OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

State Medicaid Gender-Affirming Surgery Requirements



## NATIONAL LGBTQ+ RESOURCES:

### Behavioral Health Resources

- **The Trans Lifeline:** Crisis intervention, emotional support, and financial support by trans people, for trans people: 877-565-8860
  - <https://translifeline.org/>
- **The Trevor Project:** Crisis intervention and mental health support for LGBTQ+ youth
  - <https://www.thetrevorproject.org/>
- **Psychology Today:** Database of therapists and psychiatrists searchable by location, specialties, and accepted insurance. Their [transgender filter](#) identifies trans-affirming providers. Clinicians offering telehealth may work with any client in their state.
  - <https://www.psychologytoday.com/us/therapists>
- **Inclusive Therapists and TherapyDen:** Mental healthcare directories with specific filters for historically marginalized clients and providers.

### Medical Resources

- **Transgender Info Page – CDC:** Health resources for trans patients and their providers
  - <https://www.cdc.gov/lgbthealth/transgender.htm>
- **OutCare:** LGBTQ+ provider directory, health equity education, community resources, support groups, research
  - <https://www.outcarehealth.org/>
- **Trans Health Project – Transgender Legal Defense and Education Fund:** Health access information and tutorials, state-by-state coverage information, resource databases
  - <https://transhealthproject.org/>
- **Trans in the South Guide** – Health and legal service provider directory in Southeast US
  - <https://southernequality.org/resources/transinthesouth/>
- **Outcare:** Database of healthcare, behavioral health, social, and political resources for the trans community
  - <http://transcaresite.org/>
- **Out2Enroll:** Health insurance navigation and support for LGBTQ+ individuals.
  - [Home - Out2Enroll - Out2Enroll](#)
- **Sppare.me** - At-home sperm freezing and storage
  - <https://sppare.me/>



## Legal Resources

- **ID Change Library – Trans Lifeline:** Master list of location-specific procedures for changing legal name, driver’s license, birth certificate, passport, social security card, immigration documents, tribal ID, and microgrants for changing fees
  - <https://translifeline.org/resources/id-change-library/>
- **ID Documents Center – National Center for Transgender Equality:** State-specific name and gender change information
  - <https://transequality.org/documents>
- **Trans Legal Services Network Directory – National Center for Transgender Equality:** State-by-state trans legal services directory
  - <https://transequality.org/issues/resources/trans-legal-services-network-directory>
- **Transgender Law Center** - Legal helpdesk, shared resources, litigation services, and programs such as Border Butterflies, Black LGBTQIA+ Migrant Project, Positively Trans, Disability Project, Black Trans Circles
  - <https://transgenderlawcenter.org/get-help/>
- **National Center for Lesbian Rights** (serves all LGBTQ+ identities) – litigation, legislation, policy, public education
  - <https://www.nclrights.org/>
- **Lambda Legal Help Desk** – General legal information and resources relating to discrimination based on sexual/gender identity and HIV status
  - <https://lambdalegal.org/helpdesk/>
- **Sylvia Rivera Law Project** – Legal Support
  - <https://srlp.org/>

## Financial Resources

- **Genderbands** - all-ages transition grants: <https://www.genderbands.org/grants>
- **Jim Collins Foundation** – gender-affirming surgical grants
  - <https://jimcollinsfoundation.org/>
- **TransMission** – Up to \$500 toward transition-related expenses
  - <https://www.loftgaycenter.org/transmission>
- **Trans United with Family and Friends** – transition grants
  - <https://tufforg.wixsite.com/tuffnew/apply>
- **Point of Pride** – trans surgery fund, HRT access fund, electrolysis support fund, free chest binders, free femme shapewear
  - <https://www.pointofpride.org/>
- **Funding Your Transition** – Scholarship list from Trans in the South
  - <https://southernequality.org/resources/transinthesouth/funding-your-transition/>



- **Xyosted Copayment Assistance Program** - This program provides a maximum benefit up to \$125 per 28-day supply and up to \$375 for a 84-day supply. Eligible patients may pay as low as \$15 co-pay for each prescription filled.
  - [Welcome XYOSTED \(activatethecard.com\)](https://www.activatethecard.com)

## Funding PrEP (National Resources)

- **Ready, Set, PrEP** – free PrEP for qualified individuals without insurance prescription coverage
  - <https://readyssetprep.hiv.gov/>
- **Gilead Advancing Access Program** – patient assistance program for uninsured, copay coupons
  - <https://www.gileadadvancingaccess.com/>
- **ViiV Connect** – Patient assistance and copay savings for Apretude
  - <https://www.viivconnect.com/patient/get-savings-information/apretude>
- **Patient Advocate Foundation** – Copay and premium relief funds
  - <https://copays.org/funds/hiv-aids-and-prevention/>

## Family and Youth Resources

- **Imi** - Info guides and resource lists to support LGBTQ+ teens exploring identity and mental health
  - <https://imi.guide/>
- **Trevor Project** - Information, crisis support, and counseling for LGBTQ+ youth
  - <https://www.thetrevorproject.org/>
- **QChat Space** - Online community for LGBTQ+ teens
  - <https://www.qchatspace.org/>
- **Mama Bears** - A network of groups, websites, special projects & resources dedicated to supporting, educating and empowering families with LGBTQ+ members and the LGBTQ+ Community
  - <https://www.realmamabears.org/>
- **TransParent** - Resources and connection for parents and caregivers of trans individuals
  - <https://transparentusa.org/>
- **Stand With Trans** -Therapy Assistance Programs and support groups for trans youth and caregivers
  - <https://standwithtrans.org/>
- **Lambert House Youth Resources** - In-person and online support groups for LGBTQ+ youth
  - <https://www.lamberthouse.org/youth-programs>
- **Trans Youth Equality Project** - Education, advocacy, support
  - <https://www.transyouthequality.org/>



## Informational Resources

- **Transgender Map** - Information for planning and funding gender transition including resource lists and definitions
  - <https://www.transgendermap.com/>
- **Trans Health Guides** - Callen Lorde educational booklets on topics including sexual health, safe binding/tucking, voice training, and more
  - <https://callen-lorde.org/transhealth/>
- **Safer Sex for Trans Bodies** -HRC safe sex guide for centering trans and nonbinary experiences.
  - <https://www.hrc.org/resources/safer-sex-for-trans-bodies>
- **The Gender Dysphoria Bible** - Crowdsourced descriptions of experiences relating to gender dysphoria
  - <https://genderdysphoria.fyi/en>
- **The Gender Unicorn** - Informational graphic for training and education on gender and sexual identity and expression
  - <https://transstudent.org/gender/>
- **Binding Resource Guide** - Information from the Fenway Institute
  - [Binding\\_Resource\\_Guide.pdf \(fenwayhealth.org\)](#)
- **Gender Affirming Clothing Sites** - List provided by Seattle Children's Hospital
  - <https://www.seattlechildrens.org/globalassets/documents/for-patients-and-families/pfe/pe3822.pdf>
- **SPARTA** – Support and advocacy for trans veterans
  - <https://spartapride.org/>

## Education/Career Resources

- **BestColleges' List of Scholarships for Transgender and Nonbinary Students**
  - <https://www.bestcolleges.com/resources/transgender-nonbinary-scholarships/>
- **HRC's LGBTQ+ Student Scholarship Database**
  - <https://www.hrc.org/resources/scholarships>



# ALASKA

## ANCHORAGE/MAT-SU

### Medical Services

- **Identity Health Clinic**
  - *HRT, puberty blockers, surgery referrals, PrEP, primary care, med management*
  - Phone: 907-865-3247
  - Website: <https://identityalaska.org/programs/identityhealthclinic/>
- **Providence Family Medical Center**
  - *HRT, surgery referrals, primary care, med management, trans-affirming OB care, counseling*
  - Phone: 907-562-9229
  - Website: <https://www.providence.org/locations/ak/family-medicine-center#tabcontent-2-pane-6>
- **Anchorage Neighborhood Health Center**
  - *HRT, surgery referrals, PrEP, primary care, med management*
  - Phone: 907-743-7200
  - Website: <https://www.anhc.org/>
- **Loretta Lee, MD, Alaska Family Care Associates**
  - Phone: 907-929-5888
  - Website: <https://www.providence.org/doctors/internal-medicine/ak/anchorage/loretta-lee-1013973460>

### Care for Minors

- **Providence Alaska Medical Center Pediatrics**
  - Phone: 907-212-482
  - Website: <https://www.providence.org/locations/ak/alaska-childrens-hospital/pediatric-center>
- **Alaska Center for Pediatrics**
  - Phone: 907-777-1800
  - Website: <https://www.akpeds.com/>

### Behavioral Healthcare

- **Sirpa Gorman, LPC (Eagle River)**
  - Phone: 907-720-1878





- Website: <https://www.alaskatherapy.com/>
- **Amy White, Ph.D, LPC, MAC, Life Centered Therapy**
  - Phone: 907-727-4455
  - No Website
- **Ebony McClain-Owens**
  - Phone: 907-602-0305
  - Website: <https://www.ebonycounseling.com/>
- **Karen Janicek, MS**
  - Phone: 907-561-1847
  - No Website
- **Brad Meyers, Mat-Su Health Services**
  - *Community mental health clinic accepting state/private insurances and sliding scale*
  - 907-376-2411
  - Website: <https://www.mshsak.org/>
- **Lubtish Counseling**
  - Phone: 907-317-9442
  - Website: <https://lubitsh.com/services/>
- **Mary Ann Mattingly, MS, LPC**
  - Phone: 907-522-2010
  - Website: <https://www.maryannmattingly.com/>
- **Eli Michael, Thriving Within, LLC**
  - *Specializes in trans folks 12 and older*
  - Phone: 907-268-4234
  - Website: <https://thrivingwithinllc.clientsecure.me/>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/alaska?category=transgender>

## FAIRBANKS

### Medical Services

- **Jennifer Young, Interior Womens Health**
  - Phone: 907-479-7701
  - Website: <https://www.interiorwomenshealth.org/>

### Behavioral Healthcare

- **Cathey Weeg, LPC**
  - Phone: 907-590-8384



- Website: <https://www.counselingandtherapyservices.com/>
- **Susan Stanton**
  - Phone: 907-347-2160
  - No Website
- **Jaimie Darcy, Dowler, LPC** (*Online Counseling only*)
  - Website: <https://secure.helloalma.com/providers/jaimie-darcy-dowler/>
- **Coleen Flynn, Sarah Dietsche with Turning Point Counseling**
  - Phone: 907-374-7776
  - Website: <https://www.turningpointcounselingservices.com/>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/alaska?category=transgender>

## KENAI

### Medical Services

- **Ninilchik Community Clinic** (*open to non-Indian Health Service beneficiaries*)
  - Phone: 907-567-3970
  - Website: <https://www.ninilchiktribe-nsn.gov/health/>
- **Peninsula Community Health Services - Soldotna** (*offers free or low-cost care based on individual circumstances*)
  - Phone: 907-262-3119
- **Upstream Family Medicine – Soldotna**
  - Phone: 907-260-4468
- **Capstone Clinic – Kenai**
  - Phone: 907-395-0463

## JUNEAU

### Medical Services

- **Southeast Alaska Regional Health Consortium** (*Multiple Locations in Southeast Alaska*)
  - Phone: Multiple phone numbers for multiple locations
  - Website: <https://searhc.org/>
- **Southeast Medical Clinic**
  - Phone: 907-586-8100
  - Website: <http://www.southeastmedicalclinic.com/>
- **Valley Medical Care** (*Limited Providers*)
  - Phone: 907-586-2434



- Website: <https://www.valleymedicalcare.com/>

## Care for Minors

- **Glacier Pediatric**
  - Phone: 888-504-2423
  - Website: <https://www.glacierpediatrics.com/>
- **Rainforest Pediatric**
  - Phone: 907-463-4040
  - Website: <https://searhc.org/location/ethel-lund-medical-center/>

## Behavioral Healthcare

- **Deeper Light Psychotherapy**
  - Phone: 855-755-3458
  - Website: <https://www.deeperlightpsychotherapy.com/>
- **Koru Counseling, Margie Thomsson**
  - Phone: 907-723-9574
  - Website: <https://www.margiethomsoncounseling.com/>
- **Resiliency Counseling Services**
  - Phone: 907-206-2254
  - Website: <https://www.resiliencycs.com/>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/alaska?category=transgender>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **QueerDoc** (*Telehealth only – insurance not accepted for appointments*)
  - Website: <https://queerdoc.com/>
- **Mistr** – Telehealth PrEP evaluation, prescription, delivery, accepts insurance and incorporates patient assistance
  - <https://heymistr.com/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in AK
  - *Offers gender-affirming care, sexual wellness, and other medications*
  - <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
  - *Offers gender-affirming care, specialty fertility care, and other medications*
  - <https://newerapharmacy.com/>



## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Gender-affirming health care explicitly covered by Alaska state Medicaid as of 2021.
  - State Medicaid handbook: <https://health.alaska.gov/dhcs/Documents/PDF/Recipient-Handbook.pdf>
  - Alaska Medicaid gender-affirming surgeon resources: <https://queerdoc.com/accessing-gender-affirming-surgeries-on-alaska-state-medicaid-frequently-asked-questions/>
  - Current Alaska gender-affirming Medicaid regulations: <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/alaska/>

### PrEP Information

- **Insurance Coverage:** “Most health insurance plans, including Medicaid and Medicare, cover the cost of PrEP without co-pays. This includes medication, medical appointments, and lab tests associated with PrEP.” - <https://health.alaska.gov/dph/Epi/hivstd/Pages/PrEP.aspx>
- **Financial Support:**
  - **Alaska HIV/STD Program** offers PrEP Assistance Program navigation
    - [prepak@alaska.gov](mailto:prepak@alaska.gov)
    - 1-907-269-8000
  - **HIV Assistance Coordinator:** 907-269-5221

### General Support & Resource Provision

- **Identity Alaska:** Advocacy, education, legal, healthcare, and social resources for LGBTQIA+ Alaskans
  - <https://identityalaska.org/>

### HIV/AIDS Care

- **Alaska AIDS Assistance Association:** AIDS drug assistance program, housing and support resources, prevention and syringe exchange. Anchorage and Juneau offices.
  - <https://www.alaskan aids.org/>

### Domestic Violence Resources

- **Aware Inc (Juneau):** Gender inclusive emergency shelter  
Phone: 907-586-6623  
Website: <https://awareak.org/>



## Legal Support

- **Alaska Together:** Education and advocacy for LGBTQIA+ Alaskans
  - <https://www.alaskanstogether.org/>

## Peer/Social Support

- **The Queen's Guard:** Social and educational events for LGBTQIA+ community members and allies
  - <https://thequeensguard.gay/who-we-are.html>
  - <https://www.facebook.com/QueensGuardOfAlaska>
- **SEAGLA:** Southeast Alaska LGBTQ+ social resources
  - [https://www.facebook.com/seaglalgbtq/?ref=page\\_internal](https://www.facebook.com/seaglalgbtq/?ref=page_internal)

## Family and Youth Support

- **Homer REC Room:** Youth social support, programming, and health education in Homer, AK.
  - <https://homerrecroom.org/>
- **Story Works AK:** Youth storytelling and writing resources based in Anchorage, AK.
  - <https://storyworksak.org/>
- **Zach Gordon Youth Center (Juneau)**  
Phone: 907-586-2635

Website: <https://juneau.org/parks-recreation/zach-gordon/zgyc>

## Education/Career Resources

- **Pride Foundation Scholarships** – Funding for any post-secondary education. Supports LGBTQ+ students who are residents of Washington, Alaska, Idaho, Montana, Oregon
  - <https://pridefoundation.org/find-funding/scholarships/guidelines/>



# HAWAI'I

## HAWAI'I ISLAND

### Medical Services

- **Kumukahi Health and Wellness**
  - *Gender affirming care, HIV prevention and care, sexual health services, naloxone, syringe exchange*
  - Hilo office: 808.982.8800
  - Kona office: 808.331.8177
- **Hawai'i Island Community Health Center**
  - *Medical, behavioral health, and dental services*
  - Dr. Katherine Knezek May (she/her)
  - Phone: 808-326-5629
- **Klein Natural Health and Wellness Center**
  - *Gender-affirming integrative care for youth and adults*
  - Megan Leucht (she/her)
  - Phone: 808-959-4588
  - Email: [info@KleinNatural.com](mailto:info@KleinNatural.com)
- **Kumukahi Health + Wellness**
  - *Gender-affirming care, HIV care, case management, food and housing services, health insurance navigation (ages 14+)*
  - Hilo office: 808-982-8800
  - Kona office: 808-331-8177
  - Email: [info@kumukahihealth.org](mailto:info@kumukahihealth.org)

### Surgical Care

- **Shim Ching – Asia Pacific Plastic Surgery, Inc**
  - Honolulu, HI
  - *Services: FFS, top surgery*
  - <https://www.drshimching.com/>

### Behavioral Healthcare

- **Chrysalis Counseling and Consulting**
  - *Gender-affirming therapy for adults and youth 12+*
  - Laura Acevedo, LMHC (she/her)
  - Phone: 808-443-4169
  - Email: [laurawarmheart@yahoo.com](mailto:laurawarmheart@yahoo.com)
- **Bridget Murphy LCSW**



- *Trans-affirming specialty*
- 808-670-1043
- **Jonathan Mueller, PhD**
  - 808-443-7602
- **Sara Wong, PhD**
  - 808-431-0900

## OAHU

### Medical Services

- **Manakai O Malama**
  - Dr. Jeanette Qablawi
  - Phone: 808-535-5555
  - Website: <https://www.manakaionalama.com/>
- **Evolve Health**
  - Dr. Nicole Ryan
  - Phone: (808)-452-1731
  - Website: <https://evolvehealthltd.com/>
- **Kaiser Care Pathway Center** (*Kaiser patients only*)
  - Scott Denny
  - Phone: 808-432-5886
  - Website: <https://healthy.kaiserpermanente.org/hawaii/provider/scott-denny-5609417>
- **Shanda Lewis**
  - Phone: 808-697-3300
  - Website: <https://www.wcchc.com/Providers/ProvProfile/Shanda-Lewis-APRN-Nurse-Practitioner-Provider>
- **Care Pathway Center, Kaiser Permanente**
  - *Gender-affirming care, HIV management and prevention for youth and adults*
  - Phone: 808-432-5886
  - Website: [carepathwaycenter.org](http://carepathwaycenter.org)
- **Hawai'i Pacific Health Medical Group**
  - *Gender-affirming care for pre-teens and young adults up to age 25*
  - Phone: 808-373-7530
- **Ko'olauloa Health Center**
  - *Gender-affirming youth and family care, social and medical transition support*
  - Gabrielle Klein (she/they)
  - Phone: 808-293-9231
  - Email: [carecoordination@koolauloachc.org](mailto:carecoordination@koolauloachc.org)
- **Manakai O Mālama (all insurances except Kaiser)**



- *Integrative medical clinic and gender-affirming primary care for youth and adults, HRT for youth and adults*
- Cameron (they/them), Gender Affirming Care Patient Navigator
- Phone: 808-535-5555
- Email: [cameron@manakaiomalama.com](mailto:cameron@manakaiomalama.com)
- **Wa'ianae Coast Comprehensive Health Center**
  - *Gender-affirming primary care for youth and adults*
  - Shandra Lewis (she/her), APRIN
  - Phone: 808-697-3850
- **Waikiki Health**
  - *Primary, behavioral health, dental care and social services for LGBTQ+ youth and adults*
  - Phone: 808-922-4787
  - Email: [information@waikikihealth.org](mailto:information@waikikihealth.org)

## Behavioral Healthcare

- **Affirming Psychiatry**
  - *Evaluations and med management for youth and adults*
  - Dr. Stevens (they/she)
  - Phone: 772-932-9386
  - Email: [admin@affirmingpsychiatry.com](mailto:admin@affirmingpsychiatry.com)
- **SafeHaus Counseling and Coaching**
  - *All-ages queer-focused mental wellness services*
  - Kevin Moran (he/him), CHC, CPT
  - Phone: 808-859-1096
  - Email: [kevin@safehauscounseling.com](mailto:kevin@safehauscounseling.com)
- **Spill the Tea Café**
  - *Youth mental health clinic with individual/group therapy, mentorship, care coordination*
  - Kiki Lúgaro (she/her)
  - Phone: 808-797-4970
  - Email: [spilltheteacafehi@gmail.com](mailto:spilltheteacafehi@gmail.com)
- **Wa'ianae Coast Comprehensive Health Center**
  - *Youth mental health support*
  - Anita (she/her)
  - Phone: 808-697-3469





## WAILUKU, MAUI

### Medical Services

- **Mālama I Ke Ola Health Center** –Transcend Maui
  - Phone: 808-871-7772
  - Website: <https://ccmaui.org/transcend-maui/>
- **Mālama I ke Ola, The Community Clinic of Maui**
  - *Gender-affirming integrated medical and behavioral care, dental and primary care, STI testing/PrEP, gender marker support, for youth and adults*
  - Dr. Casandra Simonson (she/her) and Dr. Gerald Montano (he/him)
  - Phone: 808-872-4087 (ask for Harriet – he/him)

### Behavioral Healthcare

- **Lyle Herman, Psy.D.** (he/him)
  - *Individual and family therapy ages 12+*
  - Phone: 808-545-4585
  - Email: [drlyleherman@gmail.com](mailto:drlyleherman@gmail.com)

## LIHUE, KAUAI

### Medical Services

- **Malama Pono Health Services**
  - Phone: 808-246-9577
  - Website: <https://mphskauai.org/clinic/#transgender>

### Behavioral Healthcare

- **Common Cord Psychology Services**
  - *Gender-affirming child and family therapy and assessment*
  - Laura Anderson, PsyD (She/her)
  - Phone: 701-203-1217
  - Email: [contact@drlauraanderson.com](mailto:contact@drlauraanderson.com)

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Hawai'i UTelehealth** (statewide except urban O'ahu) – free mental healthcare for ages 12+ from licensed psychiatrists, therapists, psychologists, and counselors



- <https://hawaiiutelehealth.org>
- **Manakai O Mālama – Telehealth** (integrative medical clinic and gender-affirming primary care for youth and adults, HRT for youth and adults)
  - Accept all insurances except Kaiser
  - Cameron (they/them), Gender Affirming Care Patient Navigator
  - Phone: 808-535-5555
  - Email: [cameron@manakaiomalama.com](mailto:cameron@manakaiomalama.com)
- **QueerDoc** (*Telehealth only – insurance not accepted for appointments; sliding scale*)
  - Offers transportation assistance when in-person care needed
  - Website: <https://queerdoc.com/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in HI
  - Offers gender-affirming care, sexual wellness, and other medications
  - <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/hawaii?category=transgender>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Gender-affirming health care is covered by Hawai'i state Medicaid.
  - State Medicaid handbooks: <https://medquest.hawaii.gov/en/members-applicants/already-covered/health-plans/member-handbook.html>
  - Current Hawai'i gender-affirming Medicaid regulations: <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/hawaii/explicit-coverage/>

### PrEP Information

- **Insurance Coverage:** Hawaii Medicaid covers routine HIV screenings and does not require prior auth for PrEP prescriptions.
- **Med Management Support:**
  - **HIV Med Management Services:**
    - <https://health.hawaii.gov/harmreduction/about-us/hiv-programs/hiv-medical-management-services/>
  - **Hawaii PrEP Provider Directory:**
    - <https://health.hawaii.gov/harmreduction/files/2021/07/HIV-PrEP-Provider-List-07-12-21.pdf>



## General Support & Resource Provision

- **Hawai'i G-ECHO Program** – Hawai'i State Department of Health: Regularly revised gender-affirming provider directory
  - <https://health.hawaii.gov/harmreduction/files/2024/03/G-ECHO-Gender-Affirming-Directory-April-2024.pdf>
- **Harm Reduction Services – Hawai'i State Department of Health:** Sexual and gender minorities resource hub
  - <https://health.hawaii.gov/harmreduction/sexual-gender-minority/gender/>
- **Hawai'i LGBT Legacy Foundation:** LGBTQ+ events production, educational resources, organizational support
  - <https://hawaiilgbtlegacyfoundation.com/>

## HIV Care

- **Kumukahi Health and Wellness:** HIV prevention, care, and case-management and gender-affirming care. Hilo and Kona locations.
  - <https://www.kumukahihealth.org/>

## Peer/Social Support

- **Ku'ana Project – Hawai'i Health and Harm Reduction Center:** Trans peer support and mentoring
  - <https://www.hhhrc.org/transgender>
- **UH Manoa LGBTQ+ Center**
  - <https://manoa.hawaii.edu/lgbt>
- **LGBT Center – Waikiki Community Center** (Honolulu): Resources, community support, education
  - 808-923-1802
  - <https://hawaiilgbtlegacyfoundation.com>

## Family and Youth Support

- **LGBTQ Safe Spaces – Child and Adolescent Mental Health Division:** Resource lists, educational and training content
  - <https://health.hawaii.gov/camhd/lgbtq-safe-spaces/>
- **Teen Link Hawaii** - Youth empowerment, outreach, and education program that provides information and referral services for teens in Hawai'i
  - <https://www.teenlinkhawaii.org/>





- **Residential Youth Services & Empowerment** – O’ahu: Housing and basic needs for unhoused youth
  - <https://www.rysehawaii.org/>

## Education/Career Resources

- **Amy Agbayani Endowed Scholarship for Civil Rights (UH Manoa)** – Available to full- or part-time UH Manoa students committed to diversity and civil rights
  - [https://www.star.hawaii.edu/Scholarship\\_live/GeneralPageMain.jsp](https://www.star.hawaii.edu/Scholarship_live/GeneralPageMain.jsp)
- **University of Louisville LGBT Center Scholarships** – Multiple available
  - <https://louisville.edu/lgbt/awards-and-scholarships/scholarships-1>

## Other

- **Veterans Affairs (VA) Pacific Islands Healthcare System**
  - LGBTQ+ Care Coordinator, Dr. Mary Harlinger
  - Phone: 808-433-7348
  - Website: <https://www.va.gov/pacific-islands-health-care/health-services/lgbtq-veteran-care/>
- **Hawaii Rainbow Chamber of Commerce:** Education, training, and empowerment for LGBTQ+ owned businesses
  - <https://www.hirainbowchamber.org/>



# IDAHO

## BOISE/MERIDIAN

### Healthcare

- **Full Circle Health**
  - *Services: HRT for 18+, primary care, surgery referrals*
  - South Clinic Phone: 208-514-2529
  - North Clinic Phone: Phone: 208-514-2509
  - Website: <https://www.fullcircleidaho.org/patients/medical-care/transgender-clinic/>
- **Davis Family Medicine**
  - *Services: HRT, surgery referrals, primary care*
  - Phone: 208-429-9100
  - Website: <https://davisfamilymedicine.net/>
- **Ashley Davis, MD**
  - 208-429-9100
  - *Trans-affirmative gynecological care, HRT, STD testing, diagnosis and treatment*
  - 222 N 2nd St, Suite 204, Boise, ID 83702
  - <http://davisfamilymedicine.net/>
- **Julie Gunther, MD**
  - 208-369-4590
  - *Monthly fee/no ins. GAHC to youth and adults, discounted hormones for patients.*
  - 2402 West Jefferson Street, Boise, Idaho 83702
  - <https://sparkmd.com/>
- **Kara Taggart, MD**
  - 208-381-4700
  - *Urologist*
  - 510 N. 2nd St. Suite 103 Boise, ID 83702
  - <https://www.stlukesonline.org/health-services/providers/taggart-kara>
- **Marvin Alviso, MD**
  - 208-367-6030
  - *HRT, puberty blockers, HIV/AIDS care. Offers sliding scale.*
  - 777 North Raymond Street, Boise, ID 83704
  - <https://www.fmidaho.org/residency/residents-faculty/marvin-alviso-md/>
- **Dr. Tara Whitaker**
  - 208-947-7700
  - *Family Medicine*
  - 1520 W State St, Ste 100, Boise, ID 83702



- <https://www.stlukesonline.org/health-services/providers/whitaker-tara>

## Surgical Care

- **Stiller Aesthetics**
  - Spokane, WA and Moscow, ID
  - *Services: Body feminization/masculinization, facial feminization/masculinization, top surgery, vaginoplasty*
  - <https://www.stilleraesthetics.com/>
- **Linsey Etherington**
  - 208-302-2200
  - *Women's Specialty Care Center, offers top surgery*
  - 900 N. Liberty St., Suite 101 Boise, ID 83704
  - <https://www.saintalphonsus.org/linsey-etherington>
- **Mark Wigod**
  - (208) 377-9515
  - *Offers top surgery for all genders*
  - 3630 East Louise Dr. Meridian, ID 83642
  - <http://www.wigod.com/>
- **University of Utah**
  - *Transgender Health Program – top and bottom surgery, FFS*
  - 50 North Medical Drive Salt Lake City, UT 84132
  - <https://healthcare.utah.edu/transgender-health/gender-confirmation-surgery/>

## Care for Minors

- **Daniel Flynn, MD: 208-381-7340**
  - *Pediatric Endocrinology*
  - 125 E. Idaho Street Suite 200 Boise, ID 83712
  - <https://www.stlukesonline.org/health-services/providers/flynn-daniel>

## Behavioral Healthcare

- **Kristine Kirsch**
  - *Gender dysphoria specialty*
  - <https://www.kirschcounseling.com/>
- **Boise Counseling Center**
  - *Many affirming providers including Julie Myers, Steven Lanzet, Cassandra Rustvold*
  - <http://boisecounselingctr.com>
- **Christine Tolman, LCPC**
  - Phone: 208-314-3171
  - <https://www.tolmancounseling.com/>



- **Dianne Piggot, LPC**
  - Phone: 208-344-2228
  - *Trans provider, LGBTQ specialties*
  - Email: [d.piggott@id.ambitions.org](mailto:d.piggott@id.ambitions.org)
- **Jennifer Lamb, LMFT**
  - Phone: 785-491-1508
  - *LGBTQ+ Specialties ages 12+*
  - <https://www.jmbtherapy.com/>
- **Jen Moore, LPC**
  - Phone: 208-917-1131
  - *Social justice framework, LGBTQ+ specialties*
  - <https://www.jenmoorecounseling.com/>
- **Maxwell Dusky, LPC**
  - Phone: 208-888-6123
  - *Trans provider, LGBTQ+ specialties*
  - [m.dusky@id.ambitions.org](mailto:m.dusky@id.ambitions.org)
- **Megan Brown, LCPC**
  - Phone: 208-366-1606
  - <https://www.inspiredlifeidaho.com/>
- **Misty Wall, Ph.D**
  - Phone: 208-297-9495
  - <https://www.drwallandassociates.com/>
- **Toby Baldwin, LPC**
  - Phone: 208-703-0446
  - *Provides EMDR, couples counseling, support for LGBTQ+ individuals and families*
  - <https://www.rmcbiose.com/index.html>
- **Megan Brown, LCPC**
  - 208-366-1606
  - <https://www.inspiredlifeidaho.com/>
- **Christine Tolman, LCPC**
  - 208-314-3171
- **Misty Wall, PhD**
  - 208-297-9495
  - <https://www.drwallandassociates.com/>

## Aesthetics

- **Ada West Dermatology**
  - 208-884-3376
  - *Electrolysis and Laser Hair Removal*



- 1618 S. Millennium Way, Suite 100 Meridian, ID 83642
- <http://www.adawestdermatology.com/index.html>
- **Crazy Neighbor**
  - 208-957-6480
  - *Affirming retail/accessory/wig shop*
  - 1415 W. Grove St., Boise, ID 83702
  - [www.crazyneighbor.biz](http://www.crazyneighbor.biz)
- **Curvy Girl Kate's**
  - 208-322-8789
  - *Affirming plus-sized clothing, private shopping by apt*
  - 10366 W Overland Rd, Boise, ID 83709
  - <http://www.curvygirlkates.com/>
- **Holly Berry Nails**
  - 208-484-6016
  - Boise House of Beauty - 2104 N Cole Rd, Boise, ID 83704
  - [www.vagaro.com/boisehouseofbeauty](http://www.vagaro.com/boisehouseofbeauty)
- **ISU Speech and Language Clinic Meridian**
  - 208-373-1725
  - Vocal training - ISU Meridian Health Science Center  
1311 E. Central Dr., Meridian, ID 83209
  - <https://www.isu.edu/clinics/speech-and-language-meridian/>
- **Sara Osgood M.S, CC-SLP, Vocologist**
  - 208-690-4717
  - *Gender affirming Voice Care*
  - 5995 W State Street, Suite A Garden City , Idaho 83703
  - [Sara@bloomspeechandvoicetherapy.com](mailto:Sara@bloomspeechandvoicetherapy.com)
- **Kathy's Wig Boutique**
  - 208-376-2995
  - *Trans-femme wigs/affirming services*
  - 21 North Orchard Street Boise, ID 83706
  - <https://www.facebook.com/Kathys-Wig-Boutique-155432027828388/>
- **Style Therapy**
  - 208-794-1853
  - *Gender-affirming personal shopping*
  - [www.missstyletherapy.com](http://www.missstyletherapy.com)
- **Xpressions Hair Salon**
  - 208-629-5285
  - *Gay-owned, trans-friendly place for haircuts, massage, other salon services.*
  - 1320 S. Vista Ave, Boise, Idaho 83705





- <https://www.xpressionssaloninc.com/>

## TWIN FALLS

### Care for Minors

- **Daniel Flynn, MD**
  - *Pediatric endocrinology*
  - 208-814-8000
  - <https://www.stlukesonline.org/health-services/providers/flynn-daniel>

### Behavioral Healthcare

- **Donna Graybill, LCSW**
  - 208-647-0197

## EASTERN ID

- **Dr. Joseph Ragan**
  - 208-282-4700
  - *Family medicine offering HRT and puberty blockers*

## MULTIPLE LOCATIONS

### Healthcare

- **St. Luke's**
  - *Services: HRT and surgery referrals, primary care from LGBTQ+ specializing providers listed below*
  - Website: <https://www.stlukesonline.org/health-services/service-groups/lgbtqia-health-care>

### Counseling Services

- **Multiple trans-friendly providers can be found (statewide) at:**
  - <https://www.psychologytoday.com/us/therapists/idaho?category=transgender>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in ID
  - *Offers gender-affirming care, sexual wellness, and other medications*
  - <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you



- Offers gender-affirming care, specialty fertility care, and other medications
- <https://newerapharmacy.com/>
- **Idaho Suicide Prevention Hotline – Statewide**
  - 1-800-398-4357 (call or text)
  - <https://www.idahosuicideprevention.org/>
- **Idaho Department of Health and Welfare Mobile Crisis**
  - **Region 1:** 1-888-769-1405
    - Coeur d’Alene: 208-769-1406
    - Kellogg: 208-784-1352, x217
    - Sandpoint/Ponderay: 208-265-4535
  - **Region 2:**
    - Grangeville: 208-983-2300
    - Lewiston: 208-799-4440
    - Moscow: 208-882-0562
  - **Region 3:**
    - Caldwell: 208-459-0092
    - Nampa: 208-459-0092
    - Payette: 208-642-6416
  - **Region 4:**
    - Boise: 208-334-0808, option 2 (Serves Ada, Boise, Valley, & Elmore counties)
  - **Region 5:**
    - Burley: 208-677-5390
    - Twin Falls: 208-736-2177
  - **Region 6:**
    - Pocatello, Preston and surrounding areas: 208-234-7900
  - **Region 7:**
    - Blackfoot, Idaho Falls, Rexburg, Salmon and surrounding areas: 208-528-5700
    - Suicide Hot Line: 1-800-708-3474
- **Southern/SE ID Crisis Hotline – 24-hour crisis intervention and referral service**
  - 208-788-3596
  - <http://thecrisishotline.org/>
- **QueerDoc** (*Telehealth only – insurance not accepted for appointments*)
  - Website: <https://queerdoc.com/>
- **Plume** Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership
  - Website: <https://getplume.co/map/gender-affirming-hormone-therapy-in-idaho/>
- **Trans CLINIQUE**
  - (*Insurance & no insurance options, monthly membership*)
  - Website: <https://transclinique.com/>
- **True U Clinic**
  - (*Does not accept insurance, patients are self-pay*)
  - Phone: 888-292-0799
  - Website: <https://trueuclinic.com/idaho/>
- **Folx Health** (*Telehealth only – insurance not accepted for appointments*)



- Website: <https://www.folxhealth.com/>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Idaho will ban Medicaid coverage of gender-affirming care beginning July 2024. Sources:
  - <https://apnews.com/article/transgender-care-medicaid-ban-lawsuit-idaho-754f203fb4e8d5d8c0becc8135c48284>
  - <https://www.lgbtmap.org/equality-maps/medicaid>
  - See [state](#) and [national](#) financial aid resources.

### PrEP Information

- **Insurance Coverage:** Idaho Medicaid covers routine HIV screenings and does not require prior auth for PrEP prescriptions. Oral PrEP covered by all insurance plans, including Medicaid and Medicare. Injectable PrEP medication covered by most insurance plans, including Medicaid and Medicare. (<https://prepmeidaho.com/learn-about-hiv-prevention/>)
- **Med Management Support:**
  - **PrEP Me Idaho:** Education, provider match:
    - <https://prepmeidaho.com/>

### HIV Care

- **A.I.p.h.a. Idaho** – HIV care linkage, testing, food pantry
  - <https://alphaidaho.org/>
- **Ryan White Program** - HIV primary medical care, medications, and essential support service for low-income people with HIV
  - <https://ryanwhite.hrsa.gov/>

### Legal/Political Support

- **ACLU Idaho** – Advocacy and justice, education and lobbying
  - <https://www.acluidaho.org/>
- **FACES Family Justice Center** – No-cost voluntary services for survivors of child abuse, DV, elder abuse, sexual assault
  - [www.facesofadacounty.org](http://www.facesofadacounty.org)
  - 208-577-4403



## Financial Resources

- **Add the Words** - Non-profit offering advocacy and mutual aid
  - <https://msha.ke/addthewordsidaho>
- **Pride Foundation, Idaho** – Community care and grant funding
  - <https://pridefoundation.org/region/idaho/>
- **Minerva Authenticity Endowment Fund** – helps transgender people in Idaho with transition-related costs including name and document changes
  - <https://idahogemcourt.org/wp-content/uploads/2020/01/MAEFundApplication1.pdf>

## Peer/Social Support

- **The Community Center (Boise)** – LGBTQ+ social and educational programming
  - <http://tccidaho.org/>
- **Inland Oasis (Moscow)** – LGBTQ+ social and educational programming
  - <https://www.facebook.com/InlandOasis/>
- **North Idaho Pride Alliance** – LGBTQ+ networking, education, advocacy
  - <https://www.nipridealliance.com/>
- **All Under One Roof** – Advocacy and resources lists based in southeastern Idaho
  - <https://www.allunderoneroof.org/>
- **Boise State University Gender Equity Center** – social support and education, student/faculty/staff resources, referrals
  - <https://genderequity.boisestate.edu/>
- **Tri-States Transgender Group (TSTG)** - Meetings on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays. Contact Emilie Jackson-Edney at 208-830-7253 or [emiedney@hotmail.com](mailto:emiedney@hotmail.com)
  - <https://www.facebook.com/pg/TSTSG/>
- **Eastern Idaho Gender Spectrum Outreach** – Social support
  - <https://www.facebook.com/groups/EIGSO/about/>

## Youth/Family Resources

- **FATE (Families Advocating for Transgender Equality)** - social support for friends/family
  - <https://www.facebook.com/groups/meetwithlove>

## Education/Career Resources

- **Pride Foundation Scholarships** – Funding for any post-secondary education. Supports LGBTQ+ students who are residents of Washington, Alaska, Idaho, Montana, Oregon
  - <https://pridefoundation.org/find-funding/scholarships/guidelines/>





- **Steve Nelson Memorial Fund** – Emergency financial assistance for LGBTQ Boise State University students
  - <https://deanofstudents.boisestate.edu/steven/>



# INDIANA

## CENTRAL INDIANA

### Medical Services

- **Eskenazi Health (Indianapolis)**
  - *HRT, primary care, specialty care, surgery (see surgical section for provider info)*
  - Phone: 317-880-6042
  - Website: <https://www.eskenazihealth.edu/health-services/gender-health>
- **Alex Geiger, MA with Indy Healthnet**
  - Phone: 317-957-2500 (Southwest Health Center Location)
  - 812-333-4001
  - Website: <https://www.indyhealthnet.org/physicians/alex-geiger>
- **Mosaic Health & Healing Arts**
  - Phone: 610-872-9101
  - Website: <https://mosaicmedicalcenter.org/>
- **NRI Clinic for Complimentary Medicine**
  - Dr. Nichole Ingersoll-Scott
  - Phone: 317-575-1111
  - <http://www.nriclinic4health.com/index.html>
- **Dr. Marguerite Shepard**
  - *Gynecology*
  - Coleman Center for Women
  - 317-944-8231
  - <https://medicine.iu.edu/faculty/26539/shepard-marguerite>
- **HerMD – Taylor Hahn (Medicaid, commercial ins)**
  - *Trauma-informed and gender-affirming gynecology, hysterectomy, oophorectomy, HRT*
  - <https://www.outcarehealth.org/provider/listing/taylor-hahn-md-facog/>
- **Dr. Lauren Baker (Endocrinologist)**
  - IU Health Methodist Medical Plaza North (primary location)  
201 Pennsylvania Parkway, Suite 310 Indianapolis, IN 46280
  - Phone: (317) 843-0000
  - [Lauren E. Baker, MD | IU Health](#)
- **Dr. Melissa Cavaghan (Endocrinologist)**
  - IU Health Physicians - Endo, Diabetes & Metabolism (primary location)  
550 N. University Blvd, Suite 2180 Indianapolis, IN 46202
  - Phone: (317) 944-8660 or (317) 278-7826
  - [Melissa Cavaghan, MD \(iu.edu\)](#)



- **Dr. Ayla Bakar (GP & Endocrinologist)**
  - 3509 S Reed St Kokomo, IN 46902
  - Phone: (765) 453-8550
- **Dr. David Blackwell (GP & Endocrinologist)**
  - 907 N. East St  
Indianapolis, IN 46202
  - Phone: (317) 644-3461
- **Anne Caroline Kitchens (MD & Endocrinologist)**
  - Community Physician Network
  - 317-621-1006

## Surgical Care

- **Indiana University Health (state and private insurances)**
  - 317-450-4180 or 1-888-484-3258
  - *chest reconstruction, breast augmentation, orchiectomy, vulvoplasty, vaginoplasty, voice surgery, facial feminization surgery, metoidioplasty, phalloplasty, hysterectomy and oophorectomy*
  - *Mastectomy/top surgery: Dr. Bamba, Dr. Hadad*
  - *Vaginoplasty: Dr. Roth*
  - Gender-affirming liaison for adult plastics
    - Phone: 317-948-9783
    - Fax (for referrals/letters): 317-222-2024
  - [Find Locations | IU Health](#)
- **Eskenazi Health (state and private insurances)**
  - *Breast augmentation, mastectomy: Dr. Hadad*
  - *Gender-affirming hysterectomy: Dr. Hathaway*
  - *Vaginoplasty: Dr. Roth (also provides at IU and Riley Children's Health)*
  - *FFS: Dr. Vernon*
  - Faxed referral needed before consult, WPATH letter needed after
  - <https://www.eskenazihealth.edu/>
- **Community Physician Network**
  - Jason Richard Cacioppo, *breast augmentation* – 317-497-6155
  - Adam C Cohen, *breast augmentation* – 317-621-2200
- **Turkle & Associates (private pay only)**
  - Carmel, IN
  - *Mastectomy*
  - <https://plastics.turklemd.com/>
- **Chernoff Cosmetic Surgery (private pay)**
  - Indianapolis



- *Mastectomy, breast augmentation, FFS*
- <https://drchernoff.com/>

## Care for Minors

- **Riley Children's Health** (*up to age 21*)
  - Website: <https://www.rileychildrens.org/departments/gender-health-program>
- **Michael Scott Giffen**
  - Community Physician Network Family Medicine Care
  - *Family medicine, pediatrics*
  - 317-497-6800
  - <https://fad.ecommunity.com/provider/Michael+Scott+Lewis/445964>

## Behavioral Healthcare

- **Gender Nexus**
  - Phone: 317-650-5988
  - *Care/letter coordination, resource referral*
  - Website: <https://www.gendernexus.org/>
- **Indiana Youth Group**
  - Phone: 317-541-8726
  - Website: <https://www.indianayouthgroup.org/>
- **Jennifer Vincent, The Brave Life Therapy**
  - Phone: 317-643-0507
  - Website: <https://www.thebravelifetherapy.com/>
- **Soaring Heart Center** (*Preferred contact is via their website*)
  - Phone: 317-896-0491
  - Website: <https://www.soaringheartcenter.com/>
- **Bowen Center** (*Multiple Locations throughout the state*)
  - Phone: 260-471-3500
  - Website: <https://www.bowencenter.org/>

## Other Care

- **IU Health Voice Center** (medicaid and commercial insurance + sliding scale options)
  - *Trans/GNC voice training*
  - Carmel, IN
  - <https://sphs.indiana.edu/clinics-and-services/speech-language-clinic/voice-speech-evaluation-clinic.html>





## SOUTHERN INDIANA

### Healthcare

- **ECHO Community Healthcare – Dr. Anne Butsch**
  - 8122-421-7486
  - <https://www.echochc.org/>

## NORTHERN INDIANA

### Healthcare

- **Mosaic Health & Healing Arts**
  - Goshen, IN
  - Phone: 574-537-2680
  - Website: <https://mosaichha.org/>
- **Rhiannon Amodeo-Bankert – Community Health Network** (medicare, medicaid, commercial ins)
  - Noblesville, IN
  - *Gender-affirming gynecology, HRT, hysterectomy, oophorectomy, PrEP*
  - <https://www.outcarehealth.org/provider/listing/rhiannon-amodeo-md/>

### Counseling Services

- **Counseling Practicum Clinic – Ball State University**
  - Phone: 765-285-8047
  - Website: <https://www.bsu.edu/academics/centersandinstitutes/practicum>

## MULTIPLE LOCATIONS

### Medical Services

- **Indiana University**
  - Website: <https://medicine.iu.edu/expertise/lgbtq-health/clinical-care>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Plume** *\*Estrogen+ only in Indiana at this time*
  - Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership)



- <https://getplume.co/map/gender-affirming-hormone-therapy-in-indiana/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in IN
  - Offers gender-affirming care, sexual wellness, and other medications
  - <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
  - Offers gender-affirming care, specialty fertility care, and other medications
  - <https://newerapharmacy.com/>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/indiana?category=transgender>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Gender-affirming health care **not** explicitly covered by Indiana state Medicaid.
  - Indiana Medicaid provider directory: <https://www.in.gov/medicaid/members/member-resources/provider-directory/>
  - Current Indiana gender-affirming Medicaid regulations: <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/indiana/no-policy/>
  - See [state](#) and [national](#) financial resources

### PrEP Information

- **Insurance Coverage:** Indiana Medicaid covers routine HIV screenings and does not require prior auth for PrEP prescriptions.
  - Indiana PrEP Medication Assistance Program: <https://prepdaily.org/>
- **Med Management Support:**
  - **PrEP Navigators in Indiana:** Education, provider match
    - <https://prepdaily.org/navigator-list/>

### General Support & Resource Provision

- **Gender Nexus** – Care coordination and referral, resource provision, counseling and community groups, education and advocacy for gender-diverse individuals and their families in Indiana
  - <https://www.gendernexus.org/>
- **Purdue University's Q Center** – Resources and services for LGBTQ+ students, faculty, staff, and allies at Purdue



- <https://www.pfw.edu/resource-center/>
- **Northern Indiana's LGBTQ Center** – Support and social groups, community events, local resource lists
  - <https://www.thelgbtqcenter.org/>
- **Bloomington Pride** – LGBTQ+ advocacy, safe and inclusive spaces, arts and culture events, and educational programming in Bloomington and South-Central Indiana
  - <https://bloomingtonpride.org/>
- **Terre Haute Pride Center** – LGBTQ+ supportive programs, services, resources, education, and advocacy within a safe community center space in Terre Haute, IN
  - <https://pridecenterterrehaute.org/>
- **Spencer Pride** – LGBTQ+ Support groups, health and wellness resources, education and advocacy in Spencer, IN
  - <https://spencerpride.org/iris/>

## HIV Care

- **BU Wellness Network** (ASO) - black-led and black-serving HIV prevention services, supportive services for people living with HIV, and programs to address nutritional needs
  - <https://buwellness.org/>
- **Damien Center** (ASO) - “one-stop shop” HIV care and prevention
  - <https://damien.org/>
- **Health Plus Indiana** (ASO) – HIV prevention, education, care coordination, and direct services
  - <https://healthplusin.org/>
- **Step-Up Indiana** – HIV and STD testing, prevention, care services, re-entry
  - <https://stepupin.org/>
- **Northeast Indiana Positive Resource Connection** – Regional HIV/AIDS/Hep C testing, prevention, education, management, outreach
  - <https://positiveresourceconnection.org/>
- **Kentuckiana AIDS Alliance** – Connects HIV/AIDS nonprofit supports in Kentuckiana
  - <https://www.kentuckianaaidsalliance.org/>
- **Indiana Recovery Alliance** - Harm reduction for individuals impacted by drug use. Safer use supplies, rapid hepatitis/HIV testing
  - <https://indianarecoveryalliance.org/>

## Domestic Violence Resources

- **Center for Nonviolence** – IN community nonviolence education, DV intervention, support, and advocacy



- <https://www.centerfornv.org/>
- **Domestic Violence Network** – Indiana domestic violence prevention, education, training (no direct service)
  - <https://dvnconnect.org/>
- **The Julian Center** – Resources (sheltering, crisis, legal, advocacy, and programming) for domestic violence survivors in Indiana
  - <https://www.juliancenter.org/>

### Housing Support

- **Trinity Haven** - Provides safe, affirming housing for LGBTQ+ youth experiencing housing instability
  - <https://trinityhavenindy.org/>

### Legal Support

- **Indiana Legal Service's LGBT Project** - free legal advice, information and representation for LGBT individuals throughout Indiana
  - <https://www.indianalegalservices.org/LGBTVAP>

### Financial Support

### Peer/Social Support

- **Trans Lafayette** – Social media group for trans peer support in Lafayette, IN
  - <https://www.facebook.com/TransLafayette/>
- **TransIndy** - A peer-led social/support group for transgender and gender diverse people in central Indiana
  - <https://transindy.org/>
- **Nonbinary Collective Kentuckiana** – Social support
  - <https://www.facebook.com/groups/685259376057560/>
- **Kentuckiana Transgender Support Group** – Social support
  - <https://www.facebook.com/groups/2062551337346988/>

### Family & Youth Support

- **Muncie OUTreach** – Social and support groups for LGBTQ+ youth of Delaware County
  - <https://muncieoutreach.org/>



- **SAFY of Indiana** – Foster care, family supportive services, and behavioral health services
  - <https://www.safy.org/indiana/fort-wayne/>
- **Indiana PFLAG** – LGBTQ+ education, peer support, and advocacy
  - <https://www.indypflag.org/>
- **Greater Evansville Youth** – LGBTQ+ youth resources, community-building and education in Greater Evansville, IN
  - <https://greaterevansvilleyouth.org/>
- **Prism Youth Community Group** – LGBTQ+ youth support group in Bloomington, IN
  - [https://www.bloomingtonvolunteernetwork.org/agency/detail/?agency\\_id=63078](https://www.bloomingtonvolunteernetwork.org/agency/detail/?agency_id=63078)

## Education/Career Resources

- **Indiana University LGBTQ+ Alumni Association Emergency Scholarship** – Available to any full- or part-time Indiana University student who loses family financial support after coming out
  - <https://alumni.iu.edu/scholarships/affiliate-scholarships/lgbtqaa-emergency-scholarship.html>
- **PFLAG Indianapolis Scholarships** - two \$1,000 scholarships for Indiana residents accepted for enrollment by an accredited institution of higher learning, including at the graduate level or a vocational institution. The scholarships can be awarded to Indiana residents attending institutions outside of Indiana.
  - <https://www.indypflag.org/our-work/scholarships>

## Other

- **Indy Rainbow Chamber of Commerce** - Bi-partisan group for LGBTQ business owners, employees and allies.
  - <https://www.indyrainbowchamber.org/>



# KENTUCKY

## CENTRAL KENTUCKY

### Healthcare

- **University of Kentucky (Transform Health Program)**
  - Phone: 859-323-6371
  - Website: <https://ukhealthcare.uky.edu/services/transform-health-services>
  - Services: *primary care, PrEP, HRT, surgery referrals, gender-affirming care and referrals for all ages, mental health referrals*
    - **Turfland** (central clinic), 859-323-6371
    - **Phyllis D. Corbitt Community Health Center** (Wilmore, KY), Dr. Anthony Carney APRN, 859-323-0339
    - **University Health Service** (UK), 859-323-2778
    - Surgery partners – *gender-affirming gynecology, plastic surgery, ENT, urology surgical referrals*: <https://ukhealthcare.uky.edu/primary-care/types-of-primary-care/transform-health/surgery-partners>
- **Baptist Health Primary Care (multiple providers, multiple locations all over KY)**
  - Phone: 502-896-5000
  - Website: [https://www.baptisthealth.com/provider/results?keyword=LGBTQ%20health&keywordType=clinical\\_keywords&page=1](https://www.baptisthealth.com/provider/results?keyword=LGBTQ%20health&keywordType=clinical_keywords&page=1)
- **University of Louisville**
  - Phone: 502-588-4600
  - Services: *primary care, HRT, support and education*
  - Website: <https://louisville.edu/medicine/departments/medicine/divisions/endocrinology/patient-care/transgender-care>
- **Norton Healthcare**
  - Phone: 502-456-7047
  - Gender-affirming care offered by Dr. Lyndsey Neese, MD and Dr. Shannon O'brien, MD
  - Services: *HIV management, STI screenings, primary care, PrEP, HRT management*
  - Website: <https://nortonhealthcare.com/patient-resources/lgbtq-inclusion-resources/>
- **Nightingale Healthcare**
  - Berea, KY
  - Phone: 859-756-3630
  - Services: *Psychological assessment, psychiatry, HRT, STI screening*
  - Website: <https://nghealthcareberea.com/>



## Care for Minors

- **Cincinnati Children’s Transgender Health Clinic**
  - Phone: 513-536-4681
  - *Services: menstruation control/birth control, family support and education, psychologist referrals, puberty blockers, HRT*
  - Website: <https://www.cincinnatichildrens.org/service/a/adolescent-medicine/programs/transgender>
- **University of Kentucky (Transform Health Program)**
  - Phone: 859-323-6371
  - Website: <https://ukhealthcare.uky.edu/services/transform-health-services>
  - *Services: primary care, PrEP, HRT, surgery referrals, gender-affirming care and referrals for all ages, mental health referrals*
    - **Turfland** (central clinic), 859-323-6371
    - **Phyllis D. Corbitt Community Health Center** (Wilmore, KY), Dr. Anthony Carney APRN, 859-323-0339

## Surgical Care

- **University of Kentucky Healthcare**
  - *Top surgery only*
  - <https://ukhealthcare.uky.edu/aesthetics-center/surgical-treatments/gender>
- **First Urology**
  - Dr. Jonathan Witten – *Bottom surgery* – not accepting new consults until 2025
    - 812-282-3899

## Counseling Services (Central KY)

- **Mandala House (Medicaid, Medicare, Private)**
  - Phone: 502-309-2408
  - Website: <https://mandalalouisville.com/>
- **Evolved Counseling (Medicaid, Medicare, Private)**
  - Phone: 502-689-9952
  - Website: <https://evolvedcounselingcenter.com/>
- **Dave Harmon & Associates (Medicaid, Medicare, Private)**
  - *Mental healthcare, substance use counseling, court mandated counseling*
  - Phone: 907-896-8006
  - Website: <http://www.daveharmon.org/>
- **Dawn Pendleton with Creative Family Counseling (Out of network)**
  - Phone: 502-709-0410



- Website: <https://www.creativefamilycounseling.org/>
- **Richard Coomer, LCSW (Private insurance)**
  - Phone: 502-473-7028
  - Website: <https://www.transkentucky.com/listing/richard-coomer-lcsw>
- **Richard Purvis – East Louisville Psychology Group**
  - Phone: 502-423-4474
  - Website: <https://www.eastloupsychgroup.com/richard-purvis-psyd>
- **Gretchen Rinehart, LCSW (Medicaid and Private) - by referral only**
  - Phone: 502-876-4184
  - Website: <https://gretchenrinehart.com/>
- **Bridge Counseling and Wellness (multiple providers specializing in LGBTQ+)**
  - Phone: 502-694-9488
  - Website: <https://bridgemindbody.com/about-us/#therapists>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/kentucky?category=transgender>

## WESTERN KENTUCKY

### Healthcare

- **Dr. Rudy Triana, Mayfield, KY (referral needed)**
  - Phone: 270-251-4080, no website
- **Dr. Sergio Figueroa & Jamie Miller, APRN Baptist Health, Madisonville, KY (referral needed)**
  - Phone: 270-825-7377
  - Website: <https://baptisthealthdeaconess.com/>
- **Forte Family Practice, Benton, KY**
  - Phone: 270-387-7001, no website
- **Jennifer Waters, APRN with Baptist health, Benton & Calvert City, KY**
  - Phone: 270-415-7070 (Benton) & 270-415-7780 (Calvert City)
- **Dr. John Cecil, Paducah, KY**
  - Phone: 270-575-1010
  - Website: <https://www.baptisthealth.com/about/news-center/2021/dr--john-cecil-joins-baptist-health-medical-group>
- **Dr. Amber Savells (OBGYN), Paducah KY**
  - Phone: 270-443-1220
  - Website: [https://www.baptisthealth.com/provider/amber-d-savells-md-obstetrics-gynecology?utm\\_source=g-local&utm\\_medium=organic&utm\\_content=org-local-provider&utm\\_campaign=pad-local-listing](https://www.baptisthealth.com/provider/amber-d-savells-md-obstetrics-gynecology?utm_source=g-local&utm_medium=organic&utm_content=org-local-provider&utm_campaign=pad-local-listing)





- **Dr. Robert Learch (Internal Med), Paducah, KY**
  - Phone: 270-575-5990
  - Website: <https://www.baptisthealth.com/provider/robert-james-learch-do-internal-medicine>
- **Dr. Mae Fischer (Primary Care), Paducah, KY**
  - Phone: 270-444-4250
  - Website: <https://www.mercy.com/find-a-doctor/physicians/mae-fischer/238128>

## Care for Minors

- **Dr. Rachel Lowdenback (Pediatrician), Paducah, KY**
  - Phone: 270-442-6161
  - Website: <https://www.mercy.com/find-a-doctor/physicians/rachel-s-lowdenback/238252>

## Counseling Services

- **Bridges Family Center, Murray KY**
  - Phone: 270-761-5804
  - Website: <https://bridgesfamilycenter.com/>
- **Sacred Break Throughs, Hickory KY**
  - Phone: 270-658-3911
  - Website: <https://www.lifecounseling.services/>
- **Dr. Jared Leet, Madisonville, KY**
  - Phone: 270-825-6680
  - Website: <https://www.baptisthealth.com/about/news-center/2019/baptist-health-madisonville-introduces-jared-leet-phd>
- **Nikki Dickerson, LPCC, Paducah, KY**
  - Phone: 270-551-9278
  - Website: <https://www.facebook.com/TheButterflyRiver/>
- **Psychological Associates of Paducah, Paducah, KY**
  - Phone: 270-442-8785
  - Website: <https://psychologicalassociatespaducah.com/>
- **Dr. Meyer, Paducah Psychiatry Group, Paducah, KY**
  - Phone: 270-443-8195
- **Dylan Camacho, Bowling Green, KY (offers online therapy)**
  - Phone: 270-447-8425
  - Website: <https://www.psychologytoday.com/us/therapists/dylan-camacho-bowling-green-ky/762839>



- **Austin Weiler, Chestnut Park Professionals, Bowling Green, KY**
  - Phone: 270-782-1116
  - Website: <https://www.chestnutparkprofessionals.com/about-our-therapists>
- **Daltrey Tyree, Bowling Green, KY** (*offers online therapy*)
  - Phone: 270-421-3397
  - Website: <https://www.psychologytoday.com/us/psychiatrists/daltrey-tyree-bowling-green-ky/800410>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/kentucky?category=transgender>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Folx Health** (*Telehealth only – insurance not accepted for appointments*)
  - <https://www.folxhealth.com/>
- **Plume**
  - (*Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership*)
  - <https://getplume.co/map/gender-affirming-hormone-therapy-in-kentucky/>
- **Trans CLINIQUE**
  - (*Insurance & no insurance options, monthly membership*)
  - <https://transclinique.com/>
- **True U Clinic** (*Does not accept insurance, patients are self-pay*)
  - Phone: 888-292-0799
  - Website: <https://trueuclinic.com/kentucky/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in KY
  - *Offers gender-affirming care, sexual wellness, and other medications*
  - <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
  - *Offers gender-affirming care, specialty fertility care, and other medications*
  - <https://newerapharmacy.com/>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Gender-affirming health explicitly excluded by Kentucky state Medicaid.
  - <https://www.lgbtmap.org/img/maps/citations-medicaid.pdf>
  - <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/kentucky/>



- See [state](#) and [national](#) financial support resources.

## PrEP Information

- **Insurance Coverage:** Kentucky Medicaid does not require a prior auth for generic Trueda but does require PA for Descovy and Apretude.
  - Indiana PrEP Medication Assistance Program: <https://prepdaily.org/>
- **Med Management Support:**
  - **HIV Care Coordinator contact info by region:**  
<https://www.chfs.ky.gov/agencies/dph/dehp/hab/Documents/CareCoordinatorRegions%26Contacts2023.pdf>

## General Support & Resource Provision

- **Trans Health Advocacy Program (Kentucky Health Justice Network)** – Advocacy, emotional support, insurance navigation, financial support, community provider education
  - <https://www.kentuckyhealthjusticenetwork.org/transhealth.html>

## Financial Support

- **Trans Health Advocacy Program (Kentucky Health Justice Network)** – Offers financial assistance for gender-affirming items and care
  - <https://www.kentuckyhealthjusticenetwork.org/transhealth.html>
- **JustFund Kentucky** – LGBTQ+ events and grants
  - <https://justfundky.org/>

## HIV Care

- **Kentuckiana AIDS Alliance** – Connects HIV/AIDS nonprofit supports in Kentuckiana
  - <https://www.kentuckianaaidsalliance.org/>
- **LivWell Community Health Service, Paducah, KY** – HIV prevention, medical care, case management, mental health, housing, nutrition resources  
Phone: 270-444-8183  
Website: <https://livwellchs.org/>

## Domestic Violence Resources

- **Statewide survivor resources list**
  - <https://www.sos.ky.gov/safe-at-home/Pages/Survivor-Resources.aspx>



## Housing Support

- **KY HUD Exchange** – LGBTQ+ housing resources and initiatives
  - <https://www.hudexchange.info/homelessness-assistance/resources-for-lgbt-homelessness/#program-guidance-and-equal-access-rule>

## Legal Support/Advocacy

- **The Fairness Campaign** – Kentucky’s LGBTQ+ advocacy organization
  - <https://www.fairness.org/>
- **Alford Law Office (Abbi Barnes)** – Legal name change support. 270-538-5364
  - <https://www.alfordlawoffice.com/abbi>
- **Madison Leach** – Legal name change support. 270-978-4146

## Peer/Social Support

- **Louisville Pride Foundation** – Social and community events, local LGBTQ+ community center
  - <https://louprideky.org/>
- **Lexington Pride Center** – Social and community events, local LGBTQ+ community center
  - <https://www.lexpridecenter.org/>
- **Kentucky Black Pride** – Social and community events promoting visibility for Black LGBTQ+ Kentuckians
  - <https://www.facebook.com/kentuckyblackprideinc/>
- **TransKentucky** – Social support and resources for trans Kentuckians
  - <https://www.transkentucky.com/>
- **Nonbinary Collective Kentuckiana** – Social support
  - <https://www.facebook.com/groups/685259376057560/>
- **Kentuckiana Transgender Support Group** – Social support
  - <https://www.facebook.com/groups/2062551337346988/>
- **Louisville Transmasculine Alliance** – Social support
  - <https://www.facebook.com/groups/loutransmascalliance/>
- **Fem Club** – Transfeminine social support based in Louisville
  - <https://www.facebook.com/groups/1333894330700723/>

## Family and Youth Support

- **PFLAG Louisville** – Family support and educational resources
  - <https://pflaglouisville.org/>



- **Louisville Youth Group** – Social and educational programming for LGBTQ+ youth
  - <https://louisvilleyouthgroup.org/>

## Education/Career Resources

- **Bluegrass LGBTQ+ Youth Leadership Scholarship** - \$2,500 toward any post-secondary education, open to graduating LGBTQ+ seniors in Anderson, Bath, Bourbon, Clark, Fayette, Franklin, Garrard, Harrison, Jessamine, Madison, Mercer, Montgomery, Powell, Scott, or Woodford counties
  - <https://frontrunnerslex.com/scholarship/>
- **Bernard McKay Award of Excellence for LGBT Scholars (Morehead State University)** – Full-time incoming LGBTQ+ undergraduate students considered
  - <https://moreheadstate.awardspring.com/Home/ScholarshipDetails/187651>
- **Hobbs Endowment for Equality (Morehead State University)** – graduate and undergraduate LGBTQ+ students considered
  - <https://moreheadstate.awardspring.com/Home/ScholarshipDetails/187639>
- **Darren Branham (Morehead State University)** – LGBTQ+ graduates of a Pike County high school considered
  - <https://moreheadstate.awardspring.com/Home/ScholarshipDetails/187739>
- **Bruce and Margaret Lincoln Scholarship Fund (PFLAG Louisville)** – open to LGBTQ+ Louisville students who are/will be enrolled in post-secondary education
  - <https://pflaglouisville.org/scholarships/>

## Other

- **LGBT Center (University of Louisville)** – Support for LGBTQ+ students, faculty and staff
  - <https://louisville.edu/lgbt>
- **University of Kentucky's LGBT Resources**
  - <https://studentsuccess.uky.edu/lgbtq-resources>
- **Murray State University Pride Center**
  - <https://www.murraystate.edu/about/administration/StudentAffairs/departments/lgbt/index.aspx>



# WASHINGTON

## PUGET SOUND

### Medical Services

- **Complete Health Care of Olympia**
  - Phone: 360-754-9409
  - Website: <https://www.chcoly.com/>
- **Providence St. Peter Family Medicine Department, Transgender Medicine Department**  
(Multiple Providers)
  - *(Referral from primary care provider needed)*
  - Phone: 360-493-4015
  - Website: <https://www.providence.org/our-services/wa/st-peter-family-medicine>
- **The Olympia Free Clinic**
  - *(These services provided 1<sup>st</sup> Monday of every month)*
  - Phone: 360-890-4074
  - Website: <https://www.theolympiafreeclinic.org/>
- **Whole Health Naturopathy (Dr. Savahn Rosinbum & Dr. Marnie Frisch)**
  - Phone: 360-943-9519
  - Website: <https://wholehealthnaturopathy.com/>
- **Mt. Shuksan Family Medicine, Bellingham WA**
  - Phone: 360-647-1900
  - Website: <https://www.mtshuksanfamilymedicine.com/services/gynecology>
- **Spectrum Reproductive Health & Gender Affirming Care**
  - Phone: 360-230-4460
  - Website: <https://www.spectrumreproductivehealth.com/>
- **Megan Gruber, ARNP, Family Care Network**
  - Phone: 360-671-4402
  - Website: <https://www.familycarenetwork.com/staff/megan-gruber>
- **Jefferson Healthcare** (commercial and state insurance)
  - Port Townsend, WA
  - *Primary care and specialty care, pediatrics, dental*
  - Transgender navigator: <https://jeffersonhealthcare.org/services/lgbtq-resources/>

### Aesthetics

- **Wolf & Pixie Electrolysis**
  - Olympia, WA
  - Provides receipts/superbills for insurance reimbursement



- [\(360\) 888-7388](tel:(360)888-7388)

## Surgical Care

- **Foley Plastic Surgery Center**
  - Olympia, WA
  - *Top surgery, facial surgery for all genders*
  - <https://drfoley.com/>
- **PeaceHealth Plastic Surgery**
  - Vancouver, WA
  - <https://www.peacehealth.org/medical-topics/id/aa64111>

## Behavioral Healthcare

- **Claire Mannino, MS, LMHC, NCC, Bellingham, WA**
  - Phone: 360-224-5334 (Text Preferred)
  - Email: [bhamcounseling@gmail.com](mailto:bhamcounseling@gmail.com)
  - Website: <https://www.bellinghamcounseling.org/>
- **Karen Hansey, Kulshan Counseling Group, Bellingham, WA**
  - Phone: 360-739-5625
  - Website: <https://www.kulshancounseling.com/services-provided/>
- **Debra Shawver, Bellingham Therapeutic Counseling**
  - Phone: 360-536-1565
  - Website: <https://www.kulshancounseling.com/services-provided/>
- **Unity Care, NW (Multiple locations)**
  - Website: <https://unitycarenw.org/behavioral-health/>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/washington?category=transgender>

## SEATTLE

### Medical Services

- **Swedish Medical,**
  - Trans Health Navigator: 253-231-0888
  - Email: [transhealthnav@swedish.org](mailto:transhealthnav@swedish.org)
  - Website: <https://www.swedish.org/services/transgender-health/healthcare-navigation>
- **Seattle Roots Community Health (formerly Country Doctor) - Accepts Medicaid+uninsured, 2 Seattle locations**
  - *Primary care*
  - Phone: 206-299-1900 & 206-299-1600



- Website: <https://seattleroots.org/specialized-care/#gender-affirmingcare>
- **NeighborCare** (*Multiple locations from Ballard to Rainier Beach, See website for contact info*)
  - Pike Place Market Location Phone: 206-728-4143
  - *Services: HRT, surgery & aesthetic referrals, preventative care, family planning, mental health, health education, chronic illness management, dental care, social work*
  - Website: <https://neighborcare.org/services/gender-affirming-care/?group=medical>
- **Jessica Rongitsch, MD & Alice Manos, MD Capitol Hill Medical**
  - (*Not currently accepting new patients, does not accept Medicaid*)
  - Phone: 206-720-9999
  - Website: <https://www.capitolhillmedical.com/>
- **University of WA Transgender & Gender Non-Binary Program**
  - Website: <https://depts.washington.edu/tgnbhealthprogram/>
  - *Integrated primary, surgical, specialty, and mental healthcare*
  - Patient navigator: 206-597-0700
- **Queen Anne Medical Associates** (*Accepts Medicaid; sees adults & children*)
  - Phone: 206-281-7163
  - *Services: Remote HRT, family medicine*
  - Website: <http://queenannemedicalassociates.com/transgender-care/>
- **Capitol Hill Medical**
  - Phone: 206-720-9999
  - 901 Boren Ave, Suite 705, Seattle, WA
  - *Services: HRT & primary care*
  - <https://www.capitolhillmedical.com/>
- **Virginia Mason Hospital**
  - Seattle, WA
  - *Services: HRT, primary care, PrEP, gynecology, pediatric care, surgical care*
  - <https://www.vmfh.org/our-services/transgender-health>
- **Dr. Peter Shalit**
  - Phone: 206-624-0688
  - 901 Boren Ave, Suite 850, Seattle, WA
  - *Services: Transgender care, HIV care PrEP, STD, preventative care, general health screening, immunizations*
  - <https://www.doctorshalit.com/>
- **Optum (Formerly Polyclinic) - Dr. Kevin Hatfield**
  - *Services: Gender affirming care, primary care, specialty care*
  - Seattle, WA locations
  - <https://www.polyclinic.com/>
- **Pacific NW Fertility** (Fertility Preservation) - Seattle and Bellevue locations
  - LGBTQIA+ friendly fertility clinic, all-female physician team.





- *Services: IUI, IVF, surrogacy, egg freezing, donor egg and sperm, men's repro health*
- <https://pnwfertility.com/>
- **Seattle Reproductive Medicine** (Fertility clinic)
  - LGBTQIA+ friendly clinic
  - *Services: counseling, acupuncture, urology, support groups, donor egg and sperm, surrogacy, artificial insemination, IVF*
  - <https://www.seattlefertility.com/>
- **Male Fertility Lab** (UW Medicine)
  - *Services: semen analysis, sperm function, sperm retrieval/prep, cryopreservation. All services open to trans patients.*
  - <https://faculty.washington.edu/cmuller/MFL/sperm-freezing.html>
- **Empower Physio** (OON)
  - Brianna Durand, PT – Trans-competent pelvic floor physical therapist
  - <https://www.empower.physio/>

## Pharmacy

- **Axis Pharmacy Northwest**
  - Mountlake Terrace
  - *Compounding pharmacy, provides compounding for topical HRT*
  - <https://axispharmacynw.com/>

## Aesthetics

- **Absolute Aesthetics** – Elizabeth Hager
  - *Electrolysis and laser hair removal*
  - Bellevue and Lynnwood locations.
  - Website: [www.absoluteaestheticsllc.com](http://www.absoluteaestheticsllc.com)
  - Phone: 206-330-6860
- **Allure Aesthetics**
  - *Laser hair removal (and GA surgery)*
  - <https://www.allureesthetic.com/body/laser-hair-removal/>
- **Aesthetics and Electrology Seattle**
  - *Laser & electrolysis*
  - <https://www.aestheticsseattle.com/transcare>
- **Seattle Skin Essentials**
  - *Skin care, waxing, electrolysis*
  - <https://www.seattleskinessentials.com/>
- **Aesthetics & Electrology**
  - *Electrolysis, plasma lift, skin care*



- <https://www.aestheticsseattle.com/>
- **Caddell's Laser & Electrolysis**
  - <https://www.caddellslaserclinic.com/>
- **Pacific Electrology Center – Susan Bowers (Bellevue)**
  - <http://pacificelectrologycenter.com/>
- **Real You Electrolysis**
  - Vancouver, WA
  - *Electrolysis*
  - <https://realyouelectrolysis.com/electrolysis-hair-removal/>
- **Skinlogic Med Spa – state and commercial insurance**
  - Laser hair removal
  - <https://skinlogicmedspa.com/transgender-friendly-laser-hair-removal/>

## Surgical Care

- **La Belle Vie Cosmetic – Dr. Tony Mangubat**
  - *Services: Chest reconstruction, breast augmentation, facial feminization, facial masculinization, body feminization, body masculinization, rhino/septoplasty, tracheal shave*
  - 16400 Southcenter Pkwy Suite 101, Tukwila, WA 98188
  - <https://labelleviecosmetic.com/>
- **UW Medical Center (Accepts Medicaid)**
  - 206-520-5000
  - *Breast augmentation: Dr. Sarah Goldsberry-Long, Dr. Shane Morrison*
  - *Mastectomy: Dr. Sarah Goldsberry-Long, Russell Ettinger, Shane Morrison*
  - *Full bottom surgery: Shane Morrison, Alexander Skokan (vaginoplasty only)*
  - *Orchiectomy: Thomas Walsh, Judigh Hagedorn, Marah Hehemann*
  - *FFS: Sarah Goldsberry-Long, Russell Ettinger, Shane Morrison*
  - *Hysterectomy: Mallory Kremer, Linda Mihalov*
  - <https://www.uwmedicine.org/>
- **Swedish Plastics & Aesthetics (Accepts Medicaid)**
  - 206-215-6221
  - *Breast augmentation: Suzette Miranda, Mary Lee Peters*
  - *Mastectomy: Wandra Miles, Suzette Miranda, Mary Lee Peters*
  - *Hysterectomy: Dina Gordon*
  - *Orchiectomy: James Kuan*
- **Refine MD - Bryan McIntosh**
  - *Top surgery*
  - Bellevue, WA
  - <https://refinemdnhw.com/meet-dr-mcintosh/>



- **Optum – Everett Clinic (Accepts Medicaid)**
  - *Hysterectomy: Dennis Goulet*
  - *Orchiectomy: Emily Bradley*
  - <https://www.everettclinic.com/>
- **Allure Aesthetics (commercial ins)**
  - Seattle, WA
  - *Services: top and bottom surgeries, body contouring, tracheal shave, rhinoplasty, FFS, hairline feminization, body masculinization*
  - <https://www.allureesthetic.com/>
- **Partington Plastic Surgery Center**
  - Kirkland, WA
  - *Services: FFS, top surgery*
  - <https://partingtonps.com/>
- **Polyclinic Plastic Surgery**
  - Seattle, WA
  - *Services: Facial masculinization, liposuction, mastectomy/breast augmentation, rhinoplasty, brow lift, eye lift, cheek implants, tracheal shave*
  - <https://polyclinicplasticsurgery.com/procedures/transgender/>
- **Providence (Accepts Medicaid)**
  - Mill Creek, WA
  - *Hysterectomy: Jasmine Albrecht*
  - *Breast augmentation: Samuel Lein*
  - <https://www.providence.org/locations/wa/>
- **Virginia Mason Hospital (accepts Medicaid)**
  - Seattle, WA
  - *Services: Facial surgery, hysterectomy, top surgery, body contouring orchiectomy, laser hair removal*
  - *Breast augmentation: William Schmitt*
  - *Mastectomy: Alexandra Schmidek*
  - *Hysterectomy: Hasan Abdessamabad*
  - *Orchiectomy: Una Lee, Alvaro Lucioni*
  - *FFS: Michael Nuara*
  - <https://www.vmfh.org/our-services/transgender-health>

## Care for Minors

- **Seattle Children's Hospital** – accepts ages 9 to 17.75 at the time of referral who have already started puberty.
  - *Services: HRT, puberty blockers, brief mental health support, partnership with Autism Center, gender-affirming surgery for teens and young adults*
  - Website: <https://www.seattlechildrens.org/clinics/gender-clinic/>



- **Virginia Mason Hospital**
  - Seattle, WA
  - *Services: HRT, primary care, PrEP, gynecology, pediatric care, surgical care*
  - <https://www.vmfh.org/our-services/transgender-health>

## Behavioral Healthcare

- **Thrive Counseling Federal Way** – private pay, out of pocket, sliding scale
  - Sliding scale surgery support letters
  - <https://www.thrivecounselingfederalway.com/>
- **Branching Out Wellbeing** – private pay, sliding scale
  - Sliding scale surgery support letters
  - <https://www.branchingoutwellbeing.com/>
- **Eza Dios – Sliding scale**
  - Sliding scale surgery support letters
  - <https://www.therapyden.com/therapist/eza-dios>
- **Divergent Well Being (Free Consults)**
  - Website: <https://divergentwellbeing.com/>
- **Have Heart Healing & Wellness** – private pay, sliding scale
  - Capitol Hill and Telehealth
  - Sliding scale surgery support letters
  - Mental health and nutrition services
  - <https://havehearthealing.com/>
- **Protea Wellness** – some commercial insurance, private pay, sliding scale
  - Offers surgery support letters
  - <https://www.proteawellness.org/>
- **Optimism Counseling** – commercial insurance, private pay
  - Offers surgery support letters
  - <https://optimismcounseling.com/>
- **Multiple trans-friendly providers can be found for the Seattle area at:**
  - <https://www.psychologytoday.com/us/therapists/wa/seattle?category=transgender>

## TACOMA/PIERCE

### Medical Services

- **Mary Bridge Children's (up to age 17)**
  - Phone: 253-792-6630



- Website: <https://www.marybridge.org/services/diabetes-endocrine-clinic/gender-health-transgender-program/>
- **Community Health Care** (*Multiple providers & multiple sites, accepts Apple Health*)
  - Phone: 253-722-2161
  - Website: <https://www.commhealth.org/services/gender-affirming-care/>
- **Cedar River**
  - Phone: 800-572-4223
  - Website: <https://cedarriverclinics.org/lgbtqwellness/>
- **Vigil Family Medicine** (*Does not take insurance, monthly subscription model*)
  - Phone: 253-693-0071
  - Website: <https://www.vigilmd.com/gender-carelgbtq>

## Behavioral Care

- **Pride Counseling NW** (*sliding scale, no insurance accepted*)
  - Phone: 253-201-0203
  - Email: [info@pridecounselingnw.com](mailto:info@pridecounselingnw.com)
  - Website: <https://www.pridecounselingnw.com/>
- **Jocelyn Palmer, Skagit Behavioral Health**
  - Phone: 971-319-1876
  - Website: <http://skagitbehavioralhealth.com/providers/jocelynpalmer.php>
- **Multiple trans-friendly providers can be found (statewide) at:**  
<https://www.psychologytoday.com/us/therapists/washington?category=transgender>

## CENTRAL/EASTERN WASHINGTON

- **CHAS Health, Spokane**
  - Phone: 509-444-8200
  - *Services: Primary care and HRT for adolescents and adults, puberty blockers, surgery referrals*
  - Website: <https://chas.org/?s=transgender+care>
- **Columbia Valley Community Health, Wenatchee**
  - Phone: 509-662-6000
  - Website: <https://cvch.org/patients/lgbtq/transgender-care-team>

## Surgical Care

- **Stiller Aesthetics**
  - Spokane, WA and Moscow, ID



- *Services: Body feminization/masculinization, facial feminization/masculinization, top surgery, vaginoplasty*
- <https://www.stilleraesthetics.com/>
- **Multicare Rockwood OBGYN Center (Accepts Medicaid)**
  - Spokane, WA
  - Hysterectomy: Catherine Cairney, MD
  - <https://www.multicare.org/location/deaconess-health-education-center/womens-center/>
- **North Spokane Women's Health (Accepts Medicaid)**
  - *Hysterectomy: Lauren Lucas*
  - <https://nswomenshealth.com/>
- **Confluence Health (Accepts Medicaid)**
  - Wenatchee, WA
  - *Hysterectomy: Adam O'Brien*
  - <https://www.confluencehealth.org/>

## Behavioral Healthcare

- **Leo Lowe, LMHC** – commercial ins, private pay
  - Offers surgery support letters
  - <https://www.psychologytoday.com/us/therapists/leo-lowe-yakima-wa/829654>

## OUT-OF-STATE SURGERY

- **Legacy Health (Hema Thakar, Nicholas Esmonde)**
  - Portland, OR (Accepts WA Medicaid)
  - *Services: top surgery, bottom surgery, facial harmonization, body contouring*
  - *Orchiectomy: Megan Bird*
  - <https://www.legacyhealth.org/providers/hema-thakar>
- **OHSU**
  - Portland, OR (Accepts WA Medicaid)
  - *Daniel Dugi: Full bottom surgery, vaginoplasty, vulvoplasty, orchiectomy, metoidioplasty*
  - *Geolani Dy: Full bottom surgery*
  - <https://www.ohsu.edu/>
- **Meltzer Clinic**
  - Portland, OR and Scottsdale, AZ (accepts WA Medicaid)
  - *Full bottom surgery: Toby Meltzer, Ellie Zara Ley, Nick Esmonde*
  - <https://themeltzerclinic.com/>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Pacific NW Specialty Pharmacy** – *Trans-competent compounding pharmacy, ships anywhere in WA*



- <https://www.pnsprx.com/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in WA
  - Offers gender-affirming care, sexual wellness, and other medications
  - <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
  - Offers gender-affirming care, specialty fertility care, and other medications
  - <https://newerapharmacy.com/>
- **Folx Health** (Telehealth only – insurance not accepted for appointments)
  - <https://www.folxhealth.com/>
- **QueerDoc** (Telehealth only – insurance not accepted for appointments)
  - <https://queerdoc.com/>
- **Plume** (Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership)
  - <https://getplume.co/map/gender-affirming-hormone-therapy-in-washington/>
- **Trans CLINIQUE**
  - (Insurance & no insurance options, monthly membership)
  - <https://transclinique.com/>
- **True U Clinic** (Does not accept insurance, patients are self-pay)
  - Phone: 888-292-0799
  - Website: <https://trueuclinic.com/washington/>
- **Circle Medical**
  - (Insurance & non-insurance options)
  - <https://www.circlemedical.com/what-we-treat/hormone-therapy>
- **Loud and Clear Speech Therapy** – Gender-affirming speech/voice/communication training. Accepts Kaiser, Regence, Premera.
  - <https://www.loudandclearspeech.com>

### Online-only WA Therapists

\*Most therapists listed in this document provide online therapy by request.

- **Uniquely You Therapy Collective** – Psychologist, out of network, First Choice Health, Kaiser PPO
  - Sliding scale surgery support letters
  - <https://uniquelyyouththerapycollective.com/>
- **Heartfelt Mental Health** – private pay
  - Sliding scale surgery support letters
  - <https://www.heartfeltmh.com/>
- **Rainbow Connection Counseling Collective** – some commercial ins, private pay
  - Surgery support letters



- <https://www.rainbowconnectioncounseling.com/>
- **Sage Ann Therapy** – private pay
  - Offers surgery support letters
  - <https://www.sageanntherapy.com/>
- **The Therapy Bae** – commercial insurance, private pay
  - Offers surgery support letters
  - <https://www.psychologytoday.com/us/therapists/the-therapy-bae-llc-vancouver-wa/1059606>
- **Medicine Heart** – private pay, sliding scale
  - Offers surgery support letters
  - <https://www.medicineheartpllc.com/>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Gender-affirming health care explicitly covered by Washington state Medicaid.
  - Gender-affirming procedures covered: <https://apps.leg.wa.gov/wac/default.aspx?cite=182-531-1675>
  - WA Medicaid Transhealth Program: <https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/transhealth-program>
  - Current WA gender-affirming Medicaid regulations: <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/washington/>

### PrEP Information

- **Insurance Coverage:** WA Medicaid covers routine HIV screenings and does not require a prior auth for PrEP
  - WA PrEP Medication Assistance Program: <https://doh.wa.gov/you-and-your-family/illness-and-disease-z/hiv/prevention/pre-exposure-prophylaxis-drug-assistance-program-prep-dap>
- **Med Management Support:**
  - **WA PrEP Navigators:** <https://doh.wa.gov/sites/default/files/legacy/Documents/Pubs/150-083-PrEPNavigatorsWA.pdf>

## WA MEDICAID GENDER-AFFIRMING SURGERY REQUIREMENTS

### Coverage Information

- Top surgery and bottom surgery covered at no cost





- Includes breast augmentation, orchiectomy, vaginoplasty, subcutaneous mastectomy, hysterectomy, phalloplasty, metoidioplasty, facial electrolysis, facial feminization surgery
- Transportation assistance
  - <https://www.hca.wa.gov/health-care-services-and-supports/apple-health-medicaid-coverage/transhealth-program#transportation-services>
- More benefit information
  - <https://www.hca.wa.gov/health-care-services-and-supports/apple-health-medicaid-coverage/transhealth-program>
- ProviderOne site (AppleHealth provider search)
  - <https://fortress.wa.gov/hca/p1findaprovider/>

## Approval Requirements

- **Top surgery**
  - Breast augmentation
    - One recent (within 18 months) full psychosocial evaluation from licensed mental healthcare provider
    - Recent (within 18 months) letter from HRT provider
  - Mastectomy
    - One recent (within 18 months) full psychosocial evaluation from licensed mental healthcare provider
    - Recent (within 12 months) letter of medical necessity from primary care provider
    - Recent history, physical, and surgical plan from surgeon who will perform operation
- **Bottom surgery**
  - Hysterectomy & orchiectomy
    - One recent (within the past 18 months) full psychosocial evaluation from a licensed mental health care provider
    - Recent (within the past 18 months) letter HRT provider
    - Recent history and physical and surgical plan from the surgeon who will perform the operation.
  - Full bottom surgery
    - Two recent (within 18 months) full psychosocial evaluations from licensed mental healthcare providers
    - Recent (18 months) letter from HRT provider
    - Recent history, physical, and surgical plan from the surgeon who will perform the operation
- Facial feminization surgery
  - One recent (18 months) comprehensive psychosocial evaluation from licensed mental healthcare provider
  - Recent (18 months) letter from HRT provider



- Recent history, physical and surgical plan from surgeon who will perform operation

## General Support and Resources

- **Ingersoll Gender Center** – Trans peer support groups, trans-affirming provider directory, trans-affirming job board, resource and rights guides
  - <https://ingersollgendercenter.org>
- **Gender Health Program, Kaiser Permanente, WA** (*Insurance limitations apply*) – resources for primary care, case management, surgery evals, adolescent medicine, behavioral healthcare, speech therapy
  - Phone: 206-630-1929
  - Email: [Genderhealth@kp.org](mailto:Genderhealth@kp.org)
  - Website: <https://healthy.kaiserpermanente.org/washington/get-care/additional-services/gender-health>
- **Seattle's LGBTQ+ Center** (formerly Gay City) - STI testing/prevention, prep, HRT, healthcare/insurance navigation, community resources, youth resources, arts
  - <https://www.gaycity.org/>

## HIV Care

- **HIV Early Intervention Program** – WA AIDS Drug Assistance Program, support with medication coverage and insurance eligibility
  - <https://doh.wa.gov/you-and-your-family/illness-and-disease-z/hiv/hiv-care-client-services/early-intervention-program>
- **Medical HIV Case Management** – Resources by WA county
  - <https://doh.wa.gov/you-and-your-family/illness-and-disease-z/hiv/hiv-community-services/medical-hiv-case-management>
- **Housing Opportunities for Persons with AIDS (HOPWA)** – tenant-based rental assistance, permanent housing placement, short-term mortgage/rent/utility assistance, support services by county
  - <https://doh.wa.gov/you-and-your-family/illness-and-disease-z/hiv/hiv-community-services/housing-opportunities-persons-aids-hopwa>
- **People of Color Against AIDS Network** – Health, education, counseling, rehabilitation resources for POC in Seattle
  - <https://www.pocaan.org/programs-services>

## Domestic Violence Resources

- **Community Security Program – Gender Justice League** – temporary shelter coordination, resource navigation, flexible financial assistance, safety planning
  - <https://www.genderjusticeleague.org/csp/>



- **Northwest Network** – Advocacy, counseling, and community education for LGBTQ+ survivors of domestic violence
  - <https://www.nwnetwork.org/>
- **API Chaya** – Direct services and community outreach for Pacific Islander, Native Hawaiian, Asian, and South Asian survivors of sexual and domestic violence and human trafficking.
  - [www.apichaya.org/](http://www.apichaya.org/)

## Housing Support

- **WA HRC Housing Protections** – Information on housing protections for LGBTQ+ Washingtonians
  - <https://www.hum.wa.gov/fair-housing/sexual-orientation-gender-identity-housing>

## Legal/Political Support

- **Lavender Rights Project** - policy and social change advocacy, comprehensive care, and legal services for Black, indigenous, and LGBTQ+ Washingtonians, centering Black trans communities
  - <https://www.lavenderrightsproject.org/>
- **Equal Rights WA** – Advocacy and community outreach.
  - <https://www.facebook.com/EqualRightsWashington/>
- **WA Medical + Legal Partnership** – Direct legal assistance for housing, public benefits, education, immigration, consumer protection, family law, and more.
  - <https://washingtonmlp.org/>

## Peer/Social Support

- **Ingersoll Gender Center Peer Support Group** – Offered virtually with additional regular meetings for partners of trans and nonbinary individuals
  - <https://ingersollgendercenter.org/what-we-do/support-group/>
- **UTOPIA Seattle** – United Territories of Pacific Islanders Alliance Seattle – Social and community support for Pacific Islander LGBTQI community in Seattle
  - <https://utopiawa.org/>
- **Emerald City Social Club** – Social and educational organization for trans community in Seattle
  - <https://www.theemeraldcity.org/>
- **Entre Hermanos** – Latinx LGBTQ+ community group for disease prevention, education, social support, advocacy
  - <https://entrehermanos.org/>



## Family/Youth Support

- **Globe Youth** – Resources for LGBTQAI+ youth in Snohomish County
  - <https://www.globeyouth.com/>
- **Oasis Youth** – Resources for LGBTQAI - youth in Tacoma
  - <https://www.oasisyouthcenter.org/>
- **Stonewall Youth** – Resources for LGBTQAI+ youth in Olympia
  - <https://www.stonewallyouth.org/>
- **Queer Youth Project** – Education, advocacy, and community services for LGBTQ+ youth in Bellingham
  - <https://www.nwys.org/queer-youth-services>
- **YouthCare** – Inclusive shelter/housing, early intervention, employment and education support for unhoused youth in Seattle
  - <https://youthcare.org/homeless-youth-services/>
- **New Horizons** – Case management, shelter, day programming, apprenticeships for unhoused youth in Seattle
  - <https://nhmin.org/>
- **Lambert House** – Leadership, social skills, social programming for LGBTQ+ youth in Seattle
  - <https://www.lamberthouse.org/>

## Financial Resources

- **Diversity Alliance of the Puget Sound** – direct service, financial and material assistance for gender diverse Washingtonians.
  - <https://www.diversityallianceofthepugetsound.org/>

## Education/Career Resources

- **Audria M. Edwards Scholarship Fund** – undergraduate or post-secondary education funds for LGBTQAI+ individuals or their children in Clark, Cowlitz, Skamania, or Wahkiakum Counties
  - <https://peacockinthepark.org/scholarship/>
- **Pride Foundation Scholarships** – Funding for any post-secondary education. Supports LGBTQ+ students who are residents of Washington, Alaska, Idaho, Montana, Oregon
  - <https://pridefoundation.org/find-funding/scholarships/guidelines/>

