



With abortion bans being implemented in more than a dozen states and millions of people losing access to care, Massachusetts has the opportunity – and the obligation – to be a leader in sexual and reproductive health care.

LEVERAGING OUR EXPERTISE

The new ASPIRE (Advancing Science and Practice through Innovations in Research and Education) Center for Sexual and Reproductive Health works to advance excellence and equity in sexual and reproductive health and wellbeing. ASPIRE leverages a broad range of partners in this work: academic institutions, teaching hospitals, health care professionals, social service and community-based organizations, schools, educators, and peer institutions.





ADVANCING SCIENCE AND PRACTICE THROUGH INNOVATIONS IN RESEARCH AND EDUCATION

PROFESSIONAL EDUCATION

Expanding access to sex education is imperative, especially in states that have banned or severely restricted abortion. ASPIRE will allow us to expand our nationally recognized *Get Real: Comprehensive Sex Education That Works* curricula and professional training programs to students, teachers, trainers, and communities across the country.

RESEARCH

Our recent **clinical research** focuses on improving access to medication abortion by exploring different routes of medication administration, simplifying follow-up, and expanding the pool of patients eligible for this safe and effective service.

Our **social science research** has already had an impact on policymaking most notably by leveraging the findings from a study on judicial bypass to convince lawmakers to lower the age requiring parental consent for an abortion to 16.

CLINICAL TRAINING

We see a burgeoning need for more clinical training, especially as many states continue to reduce access to abortion care and there is increased demand for medication abortion.

PPLM currently provides clinical trainings on:

- surgical abortion for OB/GYN fellows;
- medical abortion training for family doctors and nurse practitioners;
- long-acting reversible contraception training for doctors and advanced practice clinicians; and
- ultrasound skills training for emergency room residents.

Under ASPIRE, PPLM aims to expand our ability to deliver these trainings for impact in Massachusetts and across the country.

ACCOMPLISHMENTS

2022

ASPIRE was **awarded funding from the Massachusetts Department of Public Health to launch a Sexual and Reproductive Health (SRH) Residency Program for Advanced Practice Clinicians (APCs)**, which will train physician assistant and nurse practitioner graduates on medication abortion and other sexual and reproductive health care provided by PPLM.

2023

Get Real: Comprehensive Sex Education that works curriculum was taught in 44 states and 6 countries reaching over 310,000 students in FY23 and is now offered in English and Spanish.



PPLM was **awarded a 5-year federal grant to evaluate our Get Real high school sexuality education curriculum, in collaboration with Planned Parenthood Greater Ohio**, who will be implementing the curriculum in the Cleveland Metropolitan School District.



ASPIRE launched a legal research division to meet the challenges of providing care and sex education in the post-Dobbs environment. The Minor Abortion Access Research and Advocacy Project (MAARAP) evaluates the abortion rights of minors across all 50 states, with a specific focus on how parental involvement laws, travel bans, and shield laws interact.