

Ask all the questions. Your **WELLNESS** is our mission.

Planned Parenthood's doors are open to every person – regardless of race, income, insurance, gender identity, sexual orientation, abilities or immigration status. When you visit our health centers, you receive expert, compassionate healthcare, education and information without shame or judgment.

HEALTHCARE EXPERTS WHO REALLY CARE.

At Planned Parenthood of Greater Texas, we are caring specialists in intimate health. Since 1935, we have provided generations of Texans with top-quality reproductive and sexual healthcare and inclusive, medically-accurate sex education. Today, our providers have an average of 21 years of healthcare experience, and our beautiful health centers are typically newly built or recently renovated with on-site laboratories and pharmacies to better serve you. Education rooms and other resources are available when patients need additional information, referrals to other providers or long-term health planning with our providers such as reproductive life planning, gender-affirming hormone therapy, PrEP, pregnancy options and more.

Reproductive and sexual healthcare are intimate and too often overshadowed by unnecessary shame, stigma and negative healthcare experiences. For more than 85 years, we have made it our mission to not only protect your healthcare rights, but also ensure your healthcare experience at Planned Parenthood is educational, empowering and reassuring. Whichever clinic you choose throughout Greater Texas, you will find someone who truly cares and specializes in whatever issue you're facing. Someone who's got the heart – and understanding – to recognize that the well-being of our patients includes being well-informed about their healthcare options.

**WELL & WISE
BREAST EXAM
PELVIC EXAM
ANNUAL EXAM
BIRTH CONTROL
STI TESTS
HPV TEST
PAP SMEAR**

Your **wellness** is in
everything we do.



BE WELL INFORMED.

Everyone is unique, and so are their healthcare needs. At Planned Parenthood of Greater Texas, we are dedicated to providing patients with honest, factual health and relationship information – at our clinics, in classrooms, community centers and online.

Here are some additional educational resources from Planned Parenthood:

PlannedParenthood.org

Have you ever wondered how IUDs prevent pregnancy, how long emergency contraception can be used after sex, when you're due for your first pap smear or what to do if you miss a birth control pill? The Planned Parenthood website has the latest medically accurate information and resources.

Chat/Text Program

Seven days a week, our professional health educators are available by text to answer your questions about sexual health anonymously. Text PPNOW to 774636 to get answers.

Spot On Period App

Our period tracker stores information (on YOUR device only) about your birth control and period symptoms to help you stay on track. Spot On also includes information about birth control options and other healthcare services at Planned Parenthood. Download for free in your phone app store.

Planned Parenthood of Greater Texas Educational Programs

Visit ppgreatertx.org/education-outreach for information on a wide range of programs and services available for teens, young adults, parents and parenting adults, educators and more.

Book your appointment today
at ppgreatertx.org/wellness



Planned Parenthood of Greater Texas