

You have the right to access sexual and reproductive healthcare.

If you are at least 13 years old:

- Though we encourage you to involve your parent/guardian if possible, you may attend an appointment alone, if desired.
- You can receive any form of birth control you need, emergency contraception (EC) and pregnancy testing.
- You can get tested and treated for sexually transmitted infections (STIs), including HIV.
- You can receive gender-affirming hormone therapy. The state of Arizona does not allow PPAZ to provide gender-affirming care to patients under 18, but if you have supportive guardians, you can make an appointment with [El Rio Health](#) located in Tucson or [Phoenix Children's Gender Support Program](#).
- Talk with your provider to discuss ways to protect your privacy from bills or letters about your visit being sent to your house if using your parents' insurance.
- Visit [SexFYI.org](#) to find a clinic where the appointment cost will be based on your self-verified income.
- Call 855-207-7526 or visit [PPAZ.org](#) to make an appointment at your closest Planned Parenthood clinic.

Emergency Contraception (EC) Remains Legal.

- Effective up to 5 days after unprotected sex, but most effective if taken as soon as possible.
- Available over-the-counter without a prescription.
- Copper and hormonal IUDs are both effective as EC up to 5 days after unprotected sex, but insertion requires an office visit. Same day appointments are available. Call or walk-in to our health centers.

Abortion

It is legal to have an abortion in Arizona when provided by licensed physicians, with the following restrictions:

- Abortion is not permitted beyond 15 weeks of pregnancy.
- Abortion is not permitted for reasons of fetal race, sex, or genetic abnormality.
- If you are under 18 years old, a parent or legal guardian must give you permission to have an abortion. If getting the permission of a parent or guardian is not an option for you, you can seek a judicial bypass (JB) by calling the JB Helpline at 844-868-2812 or visiting [ReproLegalHelpline.org/contact-the-helpline](#).

No matter your ethnicity, relationship status, sexual orientation, religion, immigration status, or gender identity, you, as our patient, are our priority.

WATCH OUT!

Be aware of fake clinics, also known as [crisis pregnancy centers \(CPCs\)](#). They're run by people who are anti-abortion and their goal is to shame, scare, or pressure you into carrying a pregnancy to term.

ExposeFakeClinics.com

Learn more at [ExposeFakeClinics.com](#) where they share ways you can help end CPCs' deception.

AbortionFinder.org

[AbortionFinder.org](#) will connect you with real trustworthy abortion providers.



SCAN ME

If you need any support in navigating the next steps, including payment options, our Patient Navigator, Kischea Talbert is here to help, no matter what.

Monday-Friday, 8:00AM-5:30PM.

480.848.8530
patientnavigator@ppaz.org