

A MESSAGE FROM OUR LEADERSHIP

Dear Friends,

As this new fiscal year was beginning, we were coming to grips with the devastating Dobbs v. Jackson Women's Health decision, which erased the protections of Roe v. Wade. By the end of the year, 22 states would ban some or all abortions, and California would solidify our status as a critical access point for patients traveling for care.

It has been heartbreaking to hear the stories of patients who must navigate a broken web of state abortion restrictions. Our incredible donor community has been there with us to ensure we have had the resources to meet our promise of providing care, no matter what. Last year, financial assistance for abortion care grew by 500% at PPCCC. Recognizing that traveling patients needed help not only with the direct cost of care, but also the logistical barriers to care, a group of donors came together and helped us develop an Abortion Justice Fund which can be used to cover the costs of hotel rooms and transportation.

The public outrage at the loss of Roe was palpable, and we mobilized to turn our anger into action. PPCCC, alongside Planned Parenthood Affiliates of California (PPAC), and the 6 other California affiliates, led the way to the passage of Proposition 1, which solidified the right to contraception and abortion in the California constitution. We joined Michigan, Vermont, Kansas, Kentucky, and Montana in a sweep of pro-abortion rights ballot victories immediately following the Dobbs decision.

As we responded to the public health crisis created by the loss of Roe v. Wade, we saw another public health emergency: an outbreak of Monkeypox (MPox). In late July, PPCCC diagnosed the first case of Mpox in our three-county service area. Patients in need of screening and treatment experienced significant barriers to care, most of whom were part of the LGBTQ+ community. We quickly jumped in to implement testing and treatment protocols and work with community partners to raise awareness. Pacific Pride Foundation was honored with our Community Partner Award at the Birds and Bees Bash in recognition of their extraordinary partnership in these efforts.

We forged ahead with our health equity vision, including plans to integrate behavioral health care and maternal health care into our model. This year, we expanded access to vasectomies and initiated menopause services at all health centers. Improving health outcomes and reducing health disparities means acknowledging the systemic oppression of Black, Latinx, Indigenous and other communities of color, trans and gender nonconforming people, people with low incomes, and working intentionally to remove obstacles to health care. It also means improving access to health care services.

On the heels of Dobbs and the COVID-19 pandemic, the need to prioritize the health and resilience of health care providers has never been greater. We prioritized employee engagement, recruitment, and retention. With improved staff retention, the organization's ability to meet the community's demand began to stabilize, and patient visit volume started to grow back from COVID-19 lows.

We continued to invest in our future, completing a build-out at the Oxnard Health Center for our community engagement programs, and we went live with solar and battery power at the Ventura Health Center.

We share your outrage and heartache at the loss of Roe v. Wade. But we refuse to lose hope. The patients traveling across the country for care continue to persevere, and so will we. The organizers and volunteers fighting against abortion restrictions in hostile states continue their work, and so must we.

In partnership with you, our dedicated donors and supporters, we will continue to relentlessly pursue a future where all people have equitable opportunity to experience health and wellness, including sexual and reproductive health care, provided with respect and without judgement.



Jenna Tosh (she/her) President & CEO



John Romo (he/him) Board President

PPCCC POST ROE

On June 24, 2022 the Supreme Court **overturned Roe vs. Wade**, allowing states to ban or severely limited access to abortion. Even in states where abortion is available, like California, the influx of patients from states with restrictions has created access challenges. PPCCC is experiencing an increase in abortion patients both from out of state and from other regions within California, including major metropolitan areas with large airports.

At PPCCC, we are proud to have expanded access to serve those who have been deprived of health care by their home states in the wake of the Dobbs ruling.

Following Dobbs v. Jackson Women's health, PPCCC has:



Seen a 20% increase in abortion services



Provided care to out-of-state abortion patients

- Saw a 200% increase in out-of-state patients
- Of these patients, a majority are from states where abortion bans are in effect, including Arizona, Texas, Louisiana, Florida, and Oklahoma.
- As states put bans into effect, PPCCC expects these numbers to grow. Our organization is prepared to see 100-300 out of state patients each year.



Created an Abortion Justice Fund to help support patients from out of state



Trained 4 full time bilingual staff to support **abortion patient navigation** helping patients get the support, info, and resourses they need, including:

- Booking an initial appointment
- Ensuring the patient can travel and stay in the area for their appointment
- Ensuring the patient can cover procedure costs, either through insurance, personal funds, or assistant funds from PPCCC
- Following up with the patient after their procedure, reminding them that they can call with any questions



grateful that PPCCC is
grateful that PPCCC is
grateful that PPCCC is
still open during this time.
I needed to obtain an
abortion due to a
abortion in my planned
complication in my planned
regnancy. I don't know
pregnancy. I don't know
pregnancy.

by the numbers birth control

1,522

1,347

implant

36,936

the pill

iud

4,395

shot

3,382 ring

11,454 plan B

12,165 patch

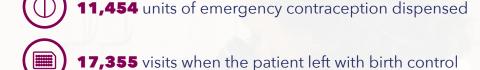










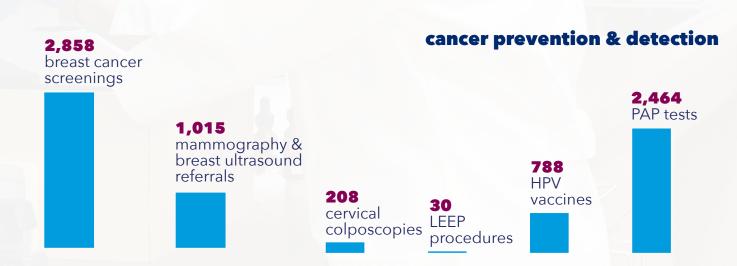






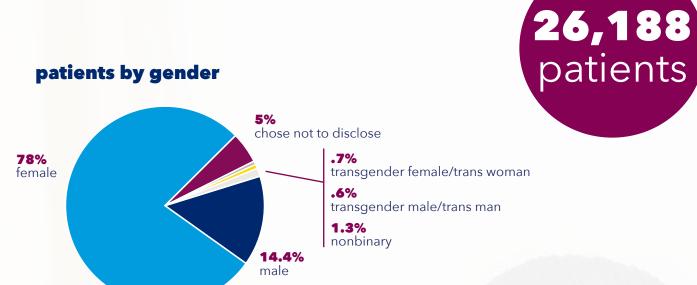


Sexually transmitted infections (STIs) are on the rise in California, including on the Central Coast. We provided **83,952** STI tests this year, which is a **22%** increase from last year.



The Gardasil vaccine helps prevent human papillomavirus (HPV), which causes an estimated 75% of cervical cancers and 90% of genital warts. PAP tests, colposcopies, and LEEP procedures represent a progression of cancer detection tests. PAP tests are used for routine screenings. Abnormal findings are evaluated by colposcopies and treated by LEEP procedures.

patients by gender



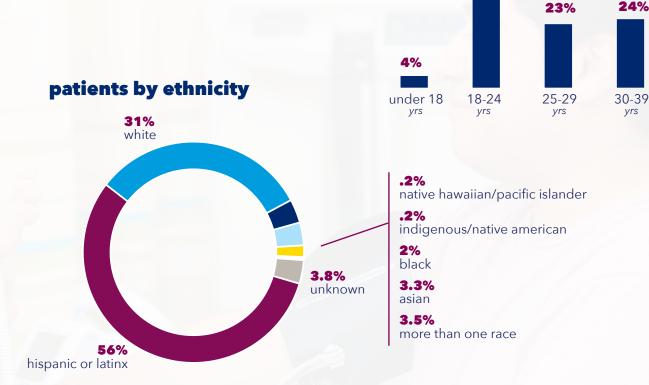
patients by age

10%

40

yrs +

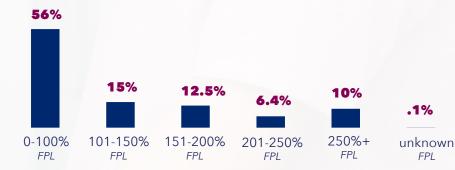
24%



patients by income

FPL

*Federal poverty level (FPL), or the poverty line, is a measure used to decide whether the income level of an individual/ family qualifies them for certain federal benefits and programs. 138% and less is below the poverty threshold for California.



39%

education

In 2022/2023, PPCCC's Education team provided **1,817 individuals** with reproductive health education, which is a **92%** participation increase from last year, through the following programs:

- **Teen Talk** is an evidence-informed curriculum designed to educate high school students about sexuality and sexual health. This curriculum is offered in English and Spanish.
- **Planned Parenthood 101** are workshops designed to introduce the community to the information they need to lead healthy lives and make informed decisions about their sexual and reproductive health. This curriculum is offered to middle and high school students as well as adult professionals, in English and Spanish.
- **Cafecitos** are workshops offered in Spanish or Mixteco by our Promotorx Peer Educators as a critical step in addressing the lack of access to sex education and sexual and reproductive health care in a predominantly monolingual Latinx community.

Throughout the year we were able to partner with **28** community partners to provide inclusive, age-appropriate, and medically accurate sex education in our communities, and expand efforts in San Luis Obispo.

We are thrilled to announce that Planned Parenthood California Central Coast was awarded the Teen Pregnancy Prevention Program Tier 1 grant from the U.S. Department of Health and Human Services, through the Office of the Assistant Secretary for Health and the Office of Population Affairs in June 2023. These funds will help us expand our education services to include programming for more youth, but also parental figures, and health care providers, starting in January 2024.

To learn more about Planned Parenthood California Central Coast's comprehensive sex education options for your community, please visit the Education page on our website and contact us to request the program that best aligns with your needs.

public affairs

The community organizers on our Public Affairs team ensure that the powerful voices of Planned Parenthood supporters are amplified across the communities we serve. A few highlightes from the year include:

Planned Parenthood Federation of America (PPFA) Patient Advocacy and Organizing Summit in Washington, DC

PPCCC Community Organizers joined 500+ patient advocates and Planned Parenthood staff from across the country in Washington, DC to sharpen their organizing skills and lobby our representatives on Capitol Hill. Over three days, they learned best practices to build successful advocacy campaigns, train and develop volunteer leaders, use the art of abortion storytelling to destigmatize reproductive health care, and more! The team also got to hear from speakers like Health and Human Services Secretary Xavier Becerra about actions the Biden administration is taking to protect access to abortion.

Celebrating LGBTQ+ Pride

Planned Parenthood supported Pride celebrations across our service area by partnering with LGBTQ+ leaders in Ventura, Oxnard, Santa Barbara, Solvang, Santa Maria, and San Luis Obispo. PPCCC staff and volunteers hosted booths with safer sex materials, swag, and literature, and interacted with nearly 1,500 community members across the service area.

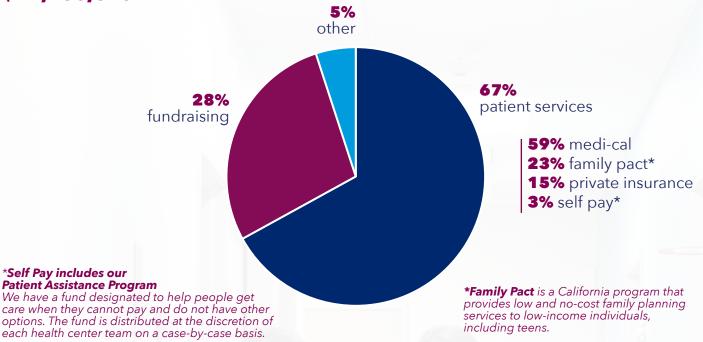
Supporting Mifepristone Teach-Ins

When anti-abortion activists waged a judicial attack on mifepristone access, PPCCC staff collaborated with Planned Parenthood Generation Action students and campus partners at UC Santa Barbara and Cal Poly SLO to host teach-ins about the court case. During these teach-ins, students and staff walked attendees through *Alliance for Hippocratic Medicine v. US Food and Drug Administration*, the court case attacking mifepristone. With the future of mifepristone still uncertain, participants walked away with an increased understanding of the issues at play and the ability to advocate on behalf Planned Parenthood.

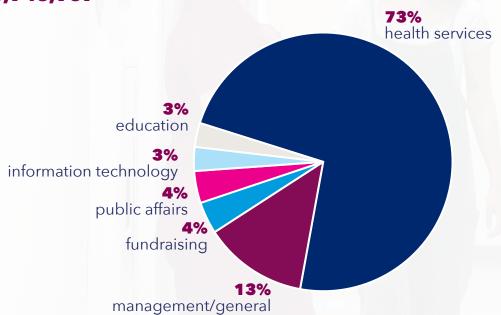
Celebrating Juneteenth

PPCCC was honored to participate in Juneteenth celebrations in both San Luis Obispo and Lompoc in collaboration with both the San Luis Obispo and Santa Maria/Lompoc chapters of the NAACP. Several local leaders, supporters and college students and their families stopped by our tables.

total revenue: \$27,405,345



total expenses: \$23,743,967



net income: \$3.594.501

\$3,594,501
*As a nonprofit organization, we re-invest excess revenue back into our mission. Thanks to the generosity of our donors, this year, we were able to invest in our employee retention programs and capital improvements for our health center operations.

2022-2023 BOARD

Elena Anderson
Leslie Bhutani
Felicia Dueñas
Rubayi Estes, Secretary
Teresa Galido
Sandy Gómez, PhD
Kristen Klingbeil-Weis, Treasurer
Alejandra Mahoney
John Romo, Board Chair

Anne Schowe
Ayesha Shaikh, MD
Karen Sher
Susan Stenovec
Carla Valdez, EdD, MPH, MCHES
Sarah Valverde
Chip Visci
Minako Watabe, MD
Jason Wells, Vice Chair

HEALTH CENTER LOCATIONS

San Luis Obispo 743 Pismo St., San Luis Obispo, CA 93401

Santa Maria 415 E. Chapel St., Santa Maria, CA 93454

Santa Barbara 518 Garden St., Santa Barbara, CA 93101

Ventura 5400 Ralston St., Ventura, CA 93003

Oxnard 2651 South C St. Suite 100, Oxnard, CA 93033

Thousand Oaks 1200 W. Hillcrest Dr., Thousand Oaks, CA 91320

805.722.1517 I ppcentralcoast.org